

Happy  
Mother's Day

# Island Sun

PRSR STD  
U.S. POSTAGE  
PAID  
FT MYERS, FL  
PERMIT #5718

Postal Customer  
ECRWSS

VOL. 27, NO. 45

SANIBEL & CAPTIVA ISLANDS, FLORIDA

MAY 8, 2020

MAY SUNRISE/SUNSET:

8 6:46 • 8:04 9 6:45 • 8:05 10 6:44 • 8:05 11 6:44 • 8:06 12 6:43 • 8:06 13 6:43 • 8:07 14 6:42 • 8:07

## Captiva Residents Wary As Things Reopen

by Kathy Kurtz Ferrari

As Captiva slowly awakens from a pandemic-induced somnolence, residents are apprehensive as tourists return to the island.

Beach parking lots opened on May 1, and what had been stretches of secluded, sandy sanctuary began seeing the return of visitors eager to imbibe in the island spirit.

"I think riding your bike down the middle of Captiva Drive is kind of an amazing thing. Going down to the beach and seeing nobody is amazing too," said resident Pam Rosen of her experience during the past weeks. "The quietness has been great. The only thing I feel bad about is all the merchants and all the workers down here that aren't working, and this is their busy time."

Rosen said while she has some concerns, she is looking forward to going out to dinner eventually. "It'll be really nice not to do dishes."

Some residents, mostly seniors, seem



Natalie Garcia and Eran McManemy ready to seat diners at Doc Ford's on Captiva

photo by Kathy Kurtz Ferrari

nearly paralyzed by fear of an onslaught of COVID-19-carrying tourists, while others seem ready to face the new reality.

Nearly all restaurants returned to full  
continued on page 15

## Sanibel Businesses Open With Caution



Staff from Congress Jewelers, from left, Melissa and Scot Congress, Elias Mayer, Alex Alves, Karen Cafazzo and Carlos Fernandez, welcome customers back on May 4, although requiring masks

photo by Kathy Kurtz Ferrari

by Kathy Kurtz Ferrari

It certainly wasn't business as usual on the islands when businesses and restaurants were allowed to open on May 4.

Anxiety seemed to rule the day on Sanibel as few people ventured out. Those working in most businesses wore

masks, and many shoppers also took that precaution.

At Periwinkle Place on Monday, only about six businesses were open, although some owners planned to open later in the week. Many vendors offered sales.

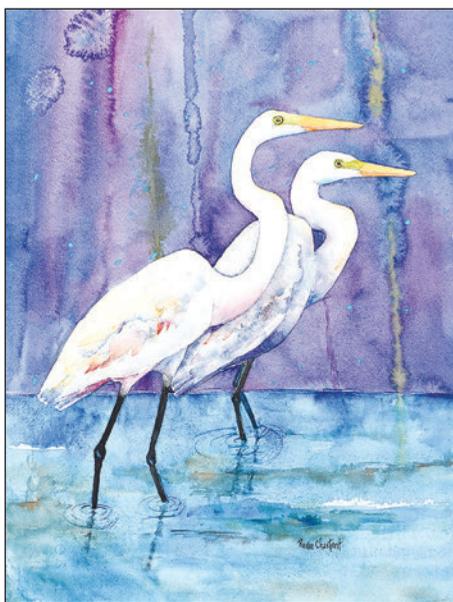
Clearly, most customers who ventured  
continued on page 22

## Virtual Exhibit At Community House

Local artists Renée Chastant and Betsy Conrad are exhibiting artwork during the month of May via The Community House website at [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net). The public is invited to view this colorful display 24 hours a day.

Despite the temporary closure of The Community House, the organization has launched an innovative virtual art exhibit featuring work by two members of the Sanibel Captiva Art League. Instead of hanging paintings in the entry lobby as is usually the case, Conrad and Chastant are featuring their art on the website.

Conrad moved to Florida in 2015 from Tucson, Arizona. Her first brush with art occurred 15 years ago after she retired. Thrilled by watercolor and its unique challenges, she took numerous classes throughout the U.S. to enhance her knowledge. Working primarily in watercolor, she also enjoys acrylic and collage. Conrad said, "Experimentation is what fuels my artistic world. I have recently discovered the technique of painting watercolors with a palette knife and lots of water to move the paint around on the paper. The outcome can



Stillness Grace by Renee Chastant

image provided

be unpredictable, but it's always very exciting." Viewers can see numerous examples of Conrad's experimentation by viewing the virtual tour.

Chastant arrived on the local scene five years ago. After 40 years in Colorado and Arizona, she was  
continued on page 14

## Team At SCCF Refurbishing Bikes For Those In Need

Thanks to recent donations, Sanibel-Captiva Conservation Foundation (SCCF) interns and staff have a new fleet of bikes, so SCCF is refurbishing its old bikes and donating them to those in need.

The community goodwill effort was made possible by a recent donation of 10 bikes from Billy's Bike Shop and a monetary donation from Deborah La Gorce through the SCCF gift catalog that allowed the purchase of six additional bikes for use by SCCF interns and staff.

Bikes support sustainability and provide an environmentally-friendly mode of transportation, while reducing dependence on motor vehicles and fossil fuels.

The new fleet of bikes displaced the old fleet of about 15 bikes, which were held together by cable ties, duct tape and rust. That's what motivated SCCF Marine Lab Research Associate Mark Thompson to take it upon himself to give the old bikes new homes.

"I have always had a love for bikes and it hurts me to see any potentially useful bikes go to waste," he said. "So, I asked



Yuan and Mark Thompson refurbishing bikes

photo provided

facilities manager Jeff Siwicke if I could try and repair the old bikes and find homes for them where they would be appreciated." Siwicke was all for it, so Thompson and his 10-year-old son, Yuan, started working in mid-2019 to convert these old bikes into useful units.

"At one time, our home looked like a  
continued on page 9



**JERRY'S HAS EVERYTHING YOU NEED!**

*Groceries • Wine & Spirits • Restaurant  
 Gifts • Beach Necessities • Ice Cream  
 Art • Full-Service Organic Spa*

**Nanny's Children Shop**

**H2O Outfitters**

**Footloose**

**Sanibel Surf Shop**

**Spatini Teabar, Organic Spa & Hair Lounge**

**Sanibel Spirits**

**Love Boat Ice Cream**

**Sanybel's Finest Art and Collectables**

*Visit our collection of live parrots in the courtyard!*



**OBITUARY**



**SIDNEY PICKER JR.**

CWRU Emeritus Law Professor Sidney Picker Jr. passed away on April 28. He is survived by his wife, Jane Picker, emeritus professor of Cleveland Marshall Law School.

"Sid left an indelible mark on Case Western Reserve University School of Law," said Dean Michael Scharf, who took Picker's place on the faculty upon his retirement in 2002.

Picker was the founder, initial U.S. director and advisory board chair of the Canada-U.S. Law Institute, which is jointly operated by Case Western Reserve University and the University of Western Ontario. In 2013, the institute established an annual award in Picker's name for his outstanding contributions to support the advancement of the institute.

Prior to joining the CWRU Law faculty in 1969, Picker practiced law in Los Angeles and then served on the staff of the United States Trade Representative during the "Kennedy Round" of GATT Trade Negotiations and later in the general counsel's office of the Export-Import Bank of the United States.

His areas of expertise included international law, international trade and international negotiations. In addition to establishing the Canada-U.S. Law Institute 47 years ago, Picker served as the first director of the Frederick K. Cox International Law Center, the hub of CWRU Law School's highly ranked international law program. In his later years, Picker and his wife, Professor Jane Picker, established the Russian-United States Legal Education Foundation (RUSLEF), which has to date brought over 30 Russian law students to CWRU. A three-page story about the Pickers' work with RUSLEF appears on pages 30 to 32 of the law school's 2019 alumni magazine, *In Brief*.

In addition to his activities at the law school, Picker had wide-ranging experiences in the field of international law. He served on the first NAFTA Chapter 20 dispute resolution panel in a case brought by the United States against Canada in 1996. In 1995, he served as a consultant to The World Bank on Russian legal education as part of a World Bank legal reform loan to

Russia. He also served on the boards of such nonprofit organizations as the Washington-based SALS (Southern African Legal Services) Foundation and ACSUS (Association for Canadian Studies in the United States). Picker was a member of the first American Bar Association (ABA) international trade visits to the Soviet Union in 1973 and to the People's Republic of China in 1979. He was awarded two Fulbright Grants to Australia, in 1968 and 1985, to teach and research on Pacific Basin trade and on East-West Trade. He served as scholar in residence at the Legal Resources Centre in South Africa in 1980 and he has taught and lectured at Westminster University in London, Universidad Gama Filjo in Brazil, and at the law faculties of St. Petersburg State University, Novgorod State University and Volgograd State University, all in Russia.

Picker was responsible for bringing the first U.S. Supreme Court and Canadian Supreme Court justices to CWRU Law School (Justice Potter Stewart and Brian Dixon, respectively, in 1980) as well as the first International Court of Justice U.S. and Russian judges to the law school (Judge Stephen Schwebel and Judge Vladlen Vereshchetin, respectively), and he organized the first national security law course to be taught at the law school by the then sitting general counsel of the CIA, Elizabeth Rindskopf, who commuted weekly from Washington to Cleveland.

In 2002, in recognition of their work on behalf of Russian legal education, Picker and his wife were awarded honorary doctorate of laws degrees by St. Petersburg State University in St. Petersburg, Russia. They are the only Americans to be awarded such degrees and the only husband and wife of any nationality to be awarded such degrees in the almost 300-year history of the university, which was founded by Peter the Great.

In 2012, the Pickers were awarded another pair of honorary doctorate degrees, this time from Novgorod State University located in Velikiy Novgorod, Russia. As in the case of St. Petersburg State University, the Pickers were the first Americans and the first husband and wife to be awarded honorary doctorate degrees from the university.

After retiring in 2002, the Pickers moved to Sanibel Island, Florida, where they continued to run the RUSLEF program. In a recent alumni magazine article, Picker summed up the importance of the project: "In two or three generations, the Russian practice of law will be much different than the way it is today. It's gradual change, student by student, person by person."

Reflecting on Picker's legacy, Scharf said, "Sid Picker was an institution builder who not only changed our law school, he changed the world."

Picker also served on the board of BIG ARTS on Sanibel for a number of years.

Those wishing to memorialize Picker may do so by contributing to RUSLEF, 3409 Sundial, Shell Point, Fort Myers, FL 33908.\*

**f www.jerrysfoods.com i**

1700 Periwinkle Way • Sanibel Island, FL 33957  
 Phone: (239) 472-9300

WE MAKE BANKING ABOUT YOU!

# STANDING STRONG... *Together*

*Now more than ever,  
relationships matter.*

As Lee County's oldest community bank, we've spent nearly 25 years building relationships with customers and giving back to our local community. During this time of uncertainty, we're working diligently to do our part, serving as the trusted and responsive banking partner that customers need and showing our heartfelt dedication to protecting and empowering those we hold dear. Discover the difference a local banking relationship can make at Bank of the Islands. We continue to stand strong together and make banking about YOU.



Lending Team – From left back row: Geoffrey Roepstorff, CEO; John Ammons, Vice President, Cleveland Avenue Office Manager; Liz Aurensan, Vice President, Lending; Robbie Roepstorff, President. From left middle row: Darrin Grotrian, Asst. Vice President, Lending, Sanibel-Captiva Asst. Office Manager; Kim Nyberg, Vice President, Professional & Executive Banking; Greg Blurton, Vice President, Sr. Commercial Loan Officer. From left front row: Leah Kirby, Vice President, River District Office Manager; Willy Ocasio, Vice President, Sanibel-Captiva Office Manager; Pam Edwards, Vice President, Lending.



To learn more about our customer services and convenient locations, please visit [BankoftheIslands.com](http://BankoftheIslands.com) or call 239.472.7211.

## Churches/Temples

### ANNUNCIATION GREEK ORTHODOX CHURCH

Rev. Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. [www.annunciation.fl.goarch.org](http://www.annunciation.fl.goarch.org), 8210 Cypress Lake Drive, Fort Myers, 481-2099.

### BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Michael Hochschild, 917-561-7888. [www.batyam.org](http://www.batyam.org), 2050 Periwinkle Way, 732-780-2016.

### HISTORIC CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Services every Sunday 11 a.m. November 10, 2019 thru April 26, 2020. 11580 Chapin Lane, Captiva, 472-1646.

### FIRST CHURCH OF CHRIST, SCIENTIST

The Christian Science Church of Sanibel-Captiva has suspended all services and events until further notice. The church Reading Room will also be closed. 2950 West Gulf Drive, 472-8684.

### SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

### SANIBEL COMMUNITY CHURCH

Dr. Stephen LeBar, Interim Senior Pastor Sunday Worship: 8 a.m. Traditional in Historic Chapel; 9 a.m. Contemporary and Children's Church in Main Sanctuary;

11 a.m. Traditional in Main Sanctuary. Childcare available at all services. [www.sanibelchurch.com](http://www.sanibelchurch.com), 1740 Periwinkle Way, 472-2684

### SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Livestream service at 10 a.m., [www.sanibelucc.org](http://www.sanibelucc.org), 2050 Periwinkle Way, 472-0497.

### ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Administrator, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

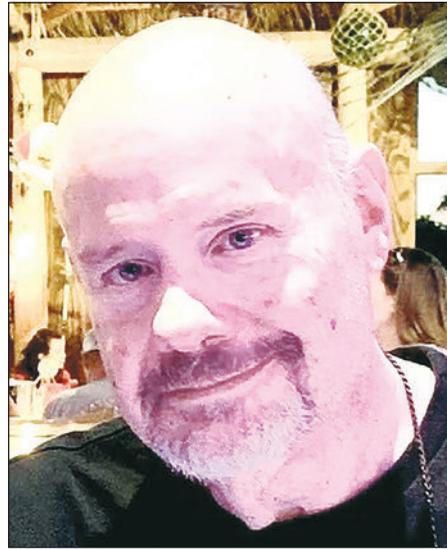
### ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Alan Kelmereit, Priest-in-Charge Saturday Eucharist 5 p.m., Sunday Eucharist 8 and 10:30 a.m., Sunday School 10:30 a.m., Tuesday Morning Prayer 9 a.m., Wednesday Healing Eucharist 9 a.m., Prayer and Potluck 1st Wednesdays 6 p.m., Taizé Service 3rd Wednesdays 6 p.m. [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org), 2304 Periwinkle Way, 472-2173.

### UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. [ryi39@aol.com](mailto:ryi39@aol.com), 2050 Periwinkle Way, 433-4901. ✨

## OBITUARY



**DANIEL A. ADAMS**

Daniel A. Adams passed away peacefully on April 21, 2020 in Fort Myers, after an extended illness. He was 66 years of age.

Dan was born in Cincinnati, Ohio. After relocating to Southwest Florida in early adulthood, Dan ("Danny" to his

friends) bonded with his fellow Floridians and considered it his home. He is the loving son of the late Russell S. Adams and Emma "Peggy" (née Lee) Adams, also of Fort Myers. He is survived by his brothers Russell D. and Elliot L. (Beth) Adams, as well as nieces, Alexandra, Emily and Grace Adams, and nephew David Adams. Dan also leaves behind countless co-workers and friends who had become his Florida family.

Dan enjoyed a lifelong career in the hospitality industry and was a committed member of the Sanibel & Captiva Islands Chamber of Commerce. He will be missed for his sharp wit, his encyclopedic knowledge of and love for music, and his consistent attendance at happy hour gatherings. An avid sports fan, he continued to follow his hometown Cincinnati teams, including the Reds, Bengals and Bearcats.

Due to the current restrictions on social gatherings, funeral services are private and a celebration of Dan's life will be held at a later date.

In lieu of flowers, memorial donations should be made to the American Diabetes Association, P.O. Box 15829, Arlington, VA, 22215 (online at <http://protect-us.mimecast.com/s/lf8PCADxvPf9j7ENZCG0Gbx?domain=diabetes.org>), or to a charity of your choice. ✨

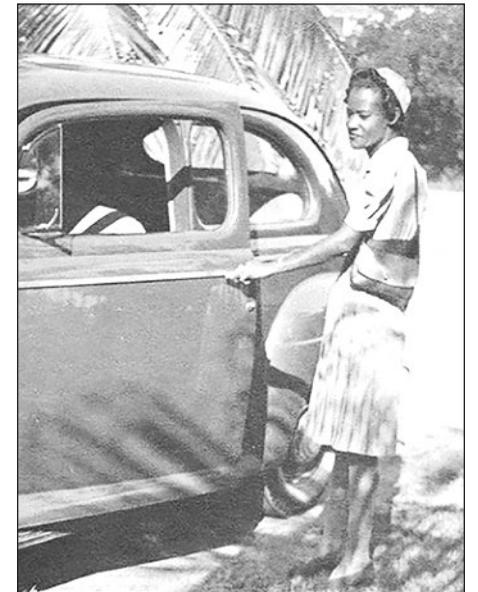
### Captiva Island Historical Society

## Looking Back: Pearl Alice Walker

Pearl Alice Walker did laundry and some cleaning for almost everyone on Captiva. She lived on Rabbit Road, then off Sanibel-Captiva Road and then in Fort Myers. She and her husband had eight children.



The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. The Captiva Memorial Library and History Gallery are temporarily closed due to the coronavirus. Call 533-4890 for information.



**Pearl Alice Walker** photo courtesy Captiva Island Historical Society Archives

Visit the website at [www.captivaislandhistoricalsociety.org/archives/research](http://www.captivaislandhistoricalsociety.org/archives/research) to view many more images to bring you closer to Captiva. ✨

# Looking forward to a bright future.

Congress Jewelers has reopened and are taking all precautions to keep our employees and customers safe. We do encourage you to shop online or calling so we may help you with your jewelry needs.

Visit [www.CongressJewelers.com](http://www.CongressJewelers.com) to view our spring catalog.

Use code BRIGHT DAYS AHEAD

SAVE 15% on Sealife by Congress Jewelry. Or call 239-472-4177

Offer good through May 31, 2020



SEALIFE ◀ FASHION ◀ DIAMONDS ◀ ESTATE

Periwinkle Place Shops • Sanibel Island • 239-472-4177 • [CongressJewelers.com](http://CongressJewelers.com)



**Sanibel Beauty Salon**

Sanibel's First Beauty/Barber est. 1951



**We are closed temporarily but checking phone, email & Facebook messages**

## Stay Safe & See You Soon!

2248 Periwinkle Way by the Sanibel Bean

[www.SanibelBeautySalon.com](http://www.SanibelBeautySalon.com) • (239) 472-1111 • [SanBeautys@aol.com](mailto:SanBeautys@aol.com)

# CROW Founder Passes Away, Legacy Lives On

The Clinic for the Rehabilitation of Wildlife (CROW) officials announced that their beloved founder, Shirley Walter, recently passed away due to causes unrelated to the ongoing pandemic.

In 1968, shortly after the Sanibel Causeway was built, Walter – a postal worker and island resident – found a royal tern that had been hit by a car on the causeway. Finding no services available for injured wildlife, she took the bird to her Sanibel home. A small group of volunteers joined Walter, and CROW was born. In the first year, 500 distress calls were answered. From the beginning, the late Dr. Phyllis Douglass assisted Walter in her call by providing veterinary assistance. Wildlife medicine was in its infancy in the 1960s, so Walter, the volunteers and Dr. Douglass all learned together, with the network of rehabilitators around Florida.

CROW incorporated as a nonprofit organization in 1972, receiving its 501(c)3 IRS exemption in 1973. The name was Walter's idea – she wanted a bird's name, a "W" for wildlife, and she considered crows intelligent – and so the CROW acronym was born.

Over the years, CROW has grown to become one of the leading wildlife rehabilitation hospitals in the country. In addition to admitting over 5,000



Shirley Walter with a patient at CROW

wildlife patients a year, the teaching hospital's student programs provide training for the next generation of animal care professionals. CROW's AWC Visitor Education Center sees thousands of visitors each year who want to learn about what it takes to care for wildlife, and it all started with a simple act of kindness from Walter.

"CROW will miss Shirley but she will never truly be gone so long as CROW continues her passion. Shirley lives on in every student who comes through

the hospital and every patient we treat and release back into the wild. Shirley's legacy is CROW and Southwest Florida is blessed beyond measure because of her," said Alison Charney Hussey, executive director of CROW.

Walter's passion for helping wildlife is carried on by the hundreds of students, volunteers and staff members she inspired over the years, including the current staff veterinarian at CROW, Dr. Robin Bast, who remembers her time with the clinic's founder.

photo provided

"Shirley had the biggest heart, and was a true champion for wildlife. Our friendship is something I will cherish for the rest of my career. I will think of her every time I see the inspiration on a student's face after we've taught them something new about wildlife conservation. She lives on in each person walking through the doors of CROW as we continue to grow the next generation of wildlife health advocates in our community and beyond. We will miss her more than words can say, but know she will never leave our hearts."

If you are interested in making a donation in honor of Walter, visit [www.crowclinic.org/donate/tribute](http://www.crowclinic.org/donate/tribute).

## OBITUARY

### ROBERT "BOB" EMMETT

Robert Emmett, longtime island resident, passed away peacefully on April 28, 2020 at Hospice House at the age of 100.

His three greatest passions – his wife, family and friends being first – were working out at the rec center, volunteering at the library and, of course, shelling.

His family wishes to thank all his special friends and the entire Sanibel community for making their parents' lives even fuller. Living on Sanibel was a major contributor to their long lives.

At his request, there will be no services.

In lieu of flowers, donations to the Sanibel Public Library or Hope Hospice are very much appreciated.✧

# Bailey's

Groceries • Hardware • Gifts



Serving Sanibel and Captiva Since 1899

ALSO SERVING YOU IN 2 OTHER LOCATIONS

### The Island Store

11500 Andy Rosse Lane, Captiva  
(temporarily closed for remodeling)

### Bailey's Marketplace at Sundial

1451 Middle Gulf Dr, Sanibel  
(temporarily closed)

2477 Periwinkle Way • Sanibel, Florida • 239-558-0548 • [baileys-sanibel.com](http://baileys-sanibel.com) • OPEN 7 DAYS 7 AM - 7 PM (due to COVID)

THE ISLAND'S **ONLINE** SHOPPING  
**experience**

It's safe and easy!

During this unprecedented time, Bailey's continues to offer online shopping and delivery service for your convenience and safety.

Visit [baileys-sanibel.com](http://baileys-sanibel.com) to place an order for contactless curbside pickup and delivery!

We're in this together.

Pink Grapefruit, Small \$1.99   lb <a href="#">+ Add</a>	Zephyrhills Water, 100% Natural Spring \$1.59   1 gal <a href="#">+ Add</a>	BROCCOLI \$2.99   ea <a href="#">+ Add</a>
Green Grapes \$3.99   lb <a href="#">+ Add</a>	Bi-Color Sweet Corn 2 for \$1.99   ea <a href="#">+ Add</a>	POTATO-SWEET \$1.99   lb <a href="#">+ Add</a>

Plant Smart

# Chapman's Wild Sensitive Plant

by Gerri Reaves

Chapman's wild sensitive plant (*Senna mexicana* var. *chapmanii*) is a native multi-branched shrub whose natural habitat is the pinelands, hammocks, pine rocklands and coastal dunes of Miami-Dade and Monroe counties.

It is the host and nectar plant for cloudless Sulphur and orange-barred Sulphur butterflies, as well as the sleepy orange. Several species of bees also visit the showy flowers for nectar and pollen.

It is listed as a threatened species in Florida.

One of its other common names is Chapman's senna.

A member of the pea, or legume, family, this fast-growing evergreen shrub can be erect, reaching several feet tall, or prostrate and sprawling. The latter characteristic makes it useful as a groundcover.

The bark is smooth and dark. Pairs of oval to elliptic leaflets of about an inch long make up the feather-like alternate leaves. Leaflets sometimes have sharp tips.

Late in the day, the leaflets fold together, thus the term "sensitive."

The five-petaled flowers are about an inch across. Reddish venation and anthers add to the plant's ornamental value.

The clusters of four to nine flowers



Chapman's wild sensitive plant is listed as a threatened species in Florida. It is a host and nectar plant for several native butterflies. photo by Gerri Reaves

appear in the leaf axils and at the branch tips. They bloom throughout the year, most profusely in the dryer months of winter and spring.

Plant this beauty in full sun for fuller foliage in a well-drained dry to moist spot. It reseeds, is relatively pest-free and has high salt tolerance.

Propagate it with the seeds found in the slender flat brown pod.

Sources: *Everglades Wildflowers* by Roger L. Hammer, *Florida Wild Flowers*

*and Roadside Plants* by C. Ritchie Bell and Bryan Taylor, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *Gardening for Florida's Butterflies* by Pamela F. Traas, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Shrubs and Woody Vines of Florida* by Gil Nelson, [www.edis.ifas.ufl.edu](http://www.edis.ifas.ufl.edu), [www.fnps.org](http://www.fnps.org), [www.wildflower.org](http://www.wildflower.org).

Plant Smart explores the diverse flora of South Florida.\*

# Update From Sanibel FlyFishers

submitted by Thomas Cunningham

In these unprecedented and challenging times, we hope you and your family are healthy and safe. We are all in this together and our hearts go out to all those directly affected by the coronavirus, as well as their families, friends and co-workers.

Sanibel FlyFishers stands with our members and urges everyone to stay safe and follow all the recommendations regarding personal hygiene and social distancing. This is especially important for those members and their families in the most vulnerable demographics.

We've got a lot of time on our hands and it's the perfect time to brush up on our fishing skills, or learn some new ones.

We hope to resume regular meeting and activities in October as conditions allow. All club communication is handled through our official email address: [sanibelff@gmail.com](mailto:sanibelff@gmail.com).

Our mailing list is now being managed through the TinyLetter email service. To subscribe go to: [www.tinyletter.com/sanibelff](http://www.tinyletter.com/sanibelff) and enter your email address.

Our mailing address is: Sanibel FlyFishers, P.O. Box 595, Sanibel, FL 33957-0595.

Follow Sanibel Island FlyFishers on Facebook, Twitter (@SanibelFF) or Instagram (SanibelFF).

Sanibel FlyFishers, Inc. is a 501(c)3 Florida nonprofit promoting fly fishing, conservation, education, advocacy and community.\*

# 20% Off All Pottery

THROUGH MAY  
STOP BY AND SEE OUR LARGE SELECTION



 **In The Garden**  
R.S. WALSH LANDSCAPING

3889 SANIBEL CAPTIVA ROAD  
(239) 395-5859  
[WWW.RSWALSH.COM](http://WWW.RSWALSH.COM)



# WE'RE OPEN!

Call About Delivery  
or Curbside Pick-Up

Temporary Reduced Hours  
Mon. to Sat. 9AM-7PM • Sun. 10AM-7PM

Treat Mom to Something Sweet!



(239) 472-1682 • [www.GrogShopSanibel.com](http://www.GrogShopSanibel.com)

Bailey's Shopping Center

(next to Island Cinema • Corner of Periwinkle Way and Tarpon Bay Road)

**TAHITIAN GARDENS**

1975-2019 PERIWINKLE WAY

Adventures In Paradise  
 Cedar Chest Fine Jewelry  
 Cheeburger Cheeburger   
 C. Turtles  
 Pandora's Box  
 Pandora's Box Too  
 Paper Fig Kitchen   
 Royal Shell Real Estate  
 Royal Shell Vacations  
 Sanibel Cafe   
 Sanibel Resort Wear  
 Sanibel Sole  
 Shiny Objects  
 Synergy Sportswear  
 Wilford & Lee Home Decor

**THE VILLAGE SHOPS**

2340 PERIWINKLE WAY

Tribeca Hair Salon  
 t2 Traders   
 Watson MacRae Gallery  
 Why Knot

**OLD SANIBEL SHOPPES**

630 TARPON BAY ROAD

Amy's Something Special  
 Island Paws  
 jb designs  
 On Island  
 Over Easy Cafe   
 Sanibel Art & Frame  
 Suncatcher's Dream

**TOWN CENTER**

2496 PALM RIDGE ROAD

Subway®   
 The Pecking Order 



# SHOP ON SANIBEL

Come for the beaches...  
 discover the shopping!

An upscale ambiance at four distinctive Centers.  
 You'll find boutique shopping, family dining, personal services,  
 as well as, vacation and real estate information.

Now open at  
 The Village Shops



*Tahitian*  
**GARDENS**  
 1975-2019 Periwinkle Way

*The*  
**VILLAGE SHOPS**  
 2340 Periwinkle Way

*Town*  
**CENTER**  
 2496 Palm Ridge Road

*Olde*  
**SANIBEL SHOPPES**  
 630 Tarpon Bay Road



For individual shop information:

[www.ShopOnSanibel.com](http://www.ShopOnSanibel.com)



# Restaurants Open But Beach Parking Remains Closed

by Wendy McMullen

Restaurants will open but vacation rentals and beach parking will not, Sanibel City Council decided at a long special emergency meeting immediately after Florida Gov. Ron DeSantis issued his policies for the state on April 29. The governor's action for phase one of the reopening took effect on May 4.

The majority of the city council members decided to go along with a limited phased opening of restaurants and retail stores but balked at opening the city-owned beach parking lots. The county-owned beach parking at Bowman's Beach and Turner Beach at Blind Pass and the causeway island all opened last week.

The discussion was wide-ranging. City Councilman Jason Maughan proposed that all the current restrictions remain in place for the next 15 days. "Were we lucky or good," Maughan said, speaking of low rates of COVID-19 infection on Sanibel. "Lucky because the numbers are low on Sanibel and we haven't got that many cases, or good because we passed good policy to reduce the spread of infection," he said.

"People say that it's better to be lucky than good, but that's for amateurs, not leaders who are responsible for the people who put them in office," he continued. "So as a policy maker, luck does not come into my considerations when we're dealing with policy that affects the island. I believe we are good because we did what we had to do to stop the rates of infection together. I am not switching to putting my faith in luck by reopening the island.

"I think we should let those less cautious communities try their luck and wait to see the results," Maughan said, referring to nearby communities that had opened beaches and restaurants. "I don't think we should wait to see if everyone from New York appears. I would like them to go to other communities and see how it goes. If we open up and suddenly there is a massive spike in other communities and we have to close, we

will have tormented all those businesses by firing them up and then having them have to shut down again."

Maughan's motion to keep all restrictions in place died for lack of a second, and restaurants and stores will be permitted to open with 25 percent of their capacity. Restaurants will be allowed 25 percent of their indoor capacity seating and 25 percent of their outdoor seating. Social distancing rules separating tables by six feet will be in effect and policed by the Sanibel Police Department. Stores, other than essential businesses, will be subject to the same 25 percent capacity. Bars will remain closed as will hair salons, gyms and movie theaters. Golf courses will now be open to non-members as well as members.

The motion to approve reopening restaurants and retail stores following Gov. DeSantis' rules was approved four to one with Maughan opposed.

There was more unity in keeping the paid beach parking lots closed.

Despite arguments from Mayor Kevin Ruane that opening the paid beach parking lots would spread the beachgoing population along 10 miles of beach instead of concentrating it at the county-owned beaches. He noted that 120 cars at the Lighthouse Beach parking lot were redirected to Bowman's Beach.

"I don't think it would help if we pick them up and sprinkle them over the residents," Maughan said, adding that opening beach parking would expose more residents to visitors who may have the virus.

"By not opening the beach parking lots, we continue to hold down that transient population," said Councilman Richard Johnson.

The motion to keep the Sanibel-owned paid beach parking closed until May 15 was approved unanimously. County-owned beach parking at Turner and Bowman's beaches remains open.

The thorny problem of vacation rentals was more difficult. Maughan and Councilwoman Holly Smith proposed a 15-day extension to the current rules regarding vacation rentals. That means rentals for a minimum of a month and no new reservations or check-ins until May 15.

Both Johnson and Mayor Kevin Ruane were concerned that opening the restaurants and not opening up vacation rentals was inconsistent.

"With restaurants, people can come and leave the island but with housing, you are putting people in accommodations and we don't know where they're coming from," said Smith.

"The difference between restaurants and hotels is that someone from the east coast would not come over specifically to eat in a restaurant but they would come specifically for a hotel, so I think that's a different matter," Councilman Mick Denham said in support.

"I don't think we can discount the vast numbers of people who have asked us to remain closed," said Smith. Two hours of the four-hour council meeting were from public comment that is read into the record. Most of the public comment advocated keeping paid beach parking closed and vacation rentals limited to one month.

Ruane reported that decisions regarding relaxing paid beach parking and accommodations restrictions will be made on the basis of statistics and the results of testing. A new drive-through coronavirus testing site has opened at the CenturyLink Sports Complex.

Gov. DeSantis stated in his press conference on April 29 that there would continue to be no visitation in elderly care facilities and schools would remain closed with students following distance learning programs.\*

## City Hires Firm For Blind Pass Restoration Costs

by Wendy McMullen

Sanibel City council voted to hire coastal engineers Humiston and Moore to look into costs of restoring and maintaining the beach on the northern end of Sanibel even though Mayor Kevin Ruane insisted there were no funds to pay for beach restoration.

Sand to restore the beach in the Turner Beach/Santiva area has been paid for in the recent past by the Captiva Erosion Prevention District (CEPD) as mitigation for the groin on the southern end of Captiva, which robs Sanibel of sand drifting south. The CEPD has been responsible for pumping 25,000 cubic yards of sand on to Sanibel's northern beaches. The CEPD

has now satisfied the need of the groin and the interlocal agreement with Sanibel has now expired.

Sanibel has also benefited from the dredging of Blind Pass itself as sand drifting past the groin fills the pass and is dredged out.

Sanibel has the opportunity to partner with the CEPD and Lee County in an interlocal agreement and to pay part of the cost of the \$30 million project but the current budget crisis resulting from closing paid beach parking on Sanibel means no funds are available.

Natural Resource Director James Evans outlined various options to guide the council in deciding whether to enter into an interlocal agreement with the CEPD and Lee County. Partnering with the CEPD would mean a lower cost per cubic foot since mobilization costs for the project are responsible for about \$10 million of the \$30 million cost and CEPD would bear that.

The city council was faced with the dilemma of paying more per cubic foot for sand if they decided to go it alone with a smaller project, or to partner with the CEPD and Lee County on a larger one.

"If we sign the interlocal agreement, are we signing a blank check?" asked Councilman Mick Denham.

"If we need to do something in the near future, we'll be paying 10 times more," countered Councilman Jason Maughan, who insisted that the city could not allow people's homes to fall into the Gulf of Mexico.

"To balance the budget, we're going to have to make decisions. What other choices do we make?" asked Ruane.

City council made a unanimous decision to ask coastal engineers Humiston and Moore for costs of each option.

### Council Approves Weekly Meetings During Coronavirus Crisis

There will be weekly meetings of Sanibel City Council while the emergency surrounding the coronavirus remains in effect, council agreed. The suggested time for the next meeting is Tuesday, May 12 at 2 p.m.

### Masks Not Mandated But Encouraged

City council encouraged all residents and people working in stores and restaurants to wear masks and urged restaurant servers, in particular, to wear them but came short of mandating them.

continued on page 17

Independently Owned And Operated  
COPYRIGHT 2020 Island Sun  
LORKEN Publications, Inc.



NEWSPAPER  
Sanibel & Captiva Islands

Read Us Online: [www.IslandSunNews.com](http://www.IslandSunNews.com)

#### Publisher

Lorin Arundel

#### Accounting

Mike Terry

#### Advertising

Bob Petcher

#### Graphic Arts & Production

Ann Ziehl, Manager  
Amanda Hartman  
Justin Wilder

#### Reporters

Jeff Lysiak  
Kathy Kurtz Ferrari  
Wendy McMullen  
Brian Johnson

#### Contributing Writers

Leah Biery	Craig R. Hersch
Kay Casperson	Dr. Jose H. Leal, PhD
Constance Clancy, EdD	Kealy McNeal
Suzy Cohen	Capt. Matt Mitchell
Linda Coin	Trinette Nelson
Cindy Carter DeCosta	Howard Prager
Marcia Feeney	Geri Reaves PhD
Katie Frederic	Angela Larson Roehl
Shelley Greggs	Hannah Star Rogers
Jarred Harris	J. Brendan Ryan, CLU,
Marion Hauser, MS, RD	ChFC, MSFS
Ross Hauser, MD	Di Saggau
Bryan Hayes	Jeanie Tinch



USPS 18: Bulk Rate permit paid for at Sanibel, FL, 33957.

Postmaster: Send change of address to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.

Published every Friday for the people and visitors of Sanibel and Captiva Islands.

Distribution: 8,000 - 10,000 per week (seasonal).

Mailed free to Sanibel and Captiva residents every Friday. Subscription prices: Third Class U.S. \$60 one year, \$30 six months (Allow 2-3 weeks for delivery). First Class U.S. \$150 one year, six months \$75 (Allow 3-5 days for delivery).

Prices include state sales tax. Send subscription requests to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.

The Island Sun will correct factual errors or matters of emphasis and interpretation that appear in news stories. Readers with news, tips, comments or questions, call 239-395-1213; or write to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957. FAX number: 239-395-2299.

Email: [press@islandnews.com](mailto:press@islandnews.com), Email: [ads@islandnews.com](mailto:ads@islandnews.com)

The Island Sun reserves the right to refuse, alter or edit any editorial or advertisement.

From page 1

## Refurbishing Bikes

bicycle battlefield, but we got organized and set up our own outdoor bike shop and slowly began producing some of the nicest rides this side of Tesla," Thompson said.

About half the bikes were so derelict that the parts were stripped off to build up a parts department for the bike shop they set up. Soon, they had parts and frames and started picking up additional units alongside the road on trash day.

"It is truly amazing and sad the bikes which get thrown out. Sometimes they just have a flat and are thrown out," said Thompson. "Sometimes it's just a bad seat or broken cable. If a bike

has both a flat and a cracked seat, it is doomed to the Sanibel trash truck."

In late 2019, Thompson and his son talked to Miriam Ortiz, founder of the Gladiolus Food Pantry, which is housed in the green building located on Gladiolus Drive in Harlem Heights. In 2019, 8,626 families visited the pantry, which translates into 27,959 individuals (8,686 children, 15,141 adults and 4,132 seniors).

Ortiz offered what they were looking for -- a place that could find homes for the refurbished bikes and a way to reduce the bike overpopulation problem at their house.

"Miriam likes to get a few bikes a month and matches the bike with people who need transportation, or

kids who have never had a bike," said Thompson.

At one time, Ortiz accepted bikes from the sheriff's office but they would regularly drop off 50 to 100 bikes at a time. This would overwhelm the pantry and cause storage problems.

"Our rate of refurbishing bikes at a more snail-like pace works out well for the folks at the pantry. Bikes are placed in homes at the rate they are brought in," said Thompson. "Since mid-2019, we have dropped off about 20 refurbished bikes."

To refurbish a bike, they replace any parts that are not usable, replace bearings, grind all the rust off of bolts and metal parts, paint if needed and make sure bikes are completely rideable

and safe to operate.

"We are now down to our last one or two bikes at our home shop and will be on the lookout for more discards," said Thompson. "We cannot cruise all of Sanibel's streets on trash day, so we know many bikes are doomed for disposal before we can rescue them."

Thompson and his son would like to put out a Save-the-Bikes plea for any SCCF members or island residents who are contemplating throwing out their old bikes, or have old parts lying around.

"Just text us at 239-410-5491. We will ride over with our bike wagons and pick up your old bike from the curb and give it new life and a new home," he said.✪

# NAVIGATING UNCHARTED WATERS TOGETHER



## neighbors helping neighbors THROUGH COVID-19

In these times of uncertainty and growing needs, FISH remains steadfast in providing both **help and hope** to our island communities. Thanks to generous donors, volunteers and neighbors like you, **these FISH programs—our largest and most critical—have not missed a beat:**

- Food Pantry
- Meals-by-FISH meal delivery
- Food backpacks for children
- Emergency financial assistance

Whether feeding families, providing financial relief for rent and medical bills, or making daily phone calls and visits via FaceTime, Skype or Zoom, we continue to help our neighbors in meeting their physical, mental and emotional needs. As always, we are committed to being a safety net for all. **At the end of the day, our message is simple—FISH is for everyone.**

IF YOU OR SOMEONE YOU KNOW needs assistance during these difficult times, please call us at **239.472.0404**. For more info about FISH services, visit **fishofsancap.org**.



food programs • island based education • social & senior services • helping hands & financial assistance

ad sponsored by:  
**Chuck Bergstrom**  
Award-Winning REALTOR® with  
RE/MAX of the Islands



2430-B Periwinkle Way, Sanibel FL 33957 **239.472.0404** • **fishofsancap.org**



### FISH FOOD FACTS

**Even before the COVID-19 pandemic, the need for FISH food programs has grown significantly over the past year. Thank you for helping to meet these very important needs in all circumstances.**

### FOOD PANTRY VISITS

January - March

2019	2020
1,645	<b>2,048</b> visits

### FOOD DISTRIBUTED

January - March

2019	2020
49,035 lbs	<b>59,001</b> lbs

### COVID-19 IMPACT ON FOOD DISTRIBUTION

*a comparison of the month of March alone*

2019	2020
15,492 lbs	<b>20,535</b> lbs

# Escape To The Water



by Capt. Matt Mitchell

In my last 20 years of guiding, we just do not get days off in May. With prime time tarpon season in full swing, it's just strange to see very few other fishing boats. With so many cancellations due to the coronavirus, I consider myself fortunate to be working at all. Luckily, my local clients have kept me busy at least a few days a week as we all struggle to keep our businesses afloat during these crazy times.

Having an escape to jump on a boat and get out on water has made these tough times bearable. I could not imagine how hard it's been for city people that have not been able to leave their own homes. It's really reminded me how much I enjoy fishing with or without clients. We really do have an amazing back yard.

Most of my fishing this week with clients was for snook, redfish and trout. Staying in and around the passes for a few days made it possible to get this bite dialed in. One big surprise was the return of large trout in the passes like we haven't seen in several years. The best trout bite was during the first part of the falling tide, while the better snook and redfish action came during the lower water periods.

Mangrove snook fishing has been another option. Some of the larger snook we caught this week came while throwing shiners to favorite shorelines. After fishing with Nick and Bob these past few Sundays, Nick got lucky and landed a 38-inch monster. This big fish put on a battle, like long-time bass fisherman Nick had never experienced. After several crazy close calls with the mangrove roots, he managed to muscle this bruiser into the boat for a few quick photos.

Cooler mornings made finding any tarpon tough for a couple of days. As conditions improve and we have a full week of warmer weather forecasted, things should get a whole lot better. Until then, we have plenty of other options in both the mangroves and passes.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com). ✨



Nick with a 38-inch snook caught this week with Capt. Matt Mitchell

photo provided

**BOAT RENTALS**  
 Fishing • Cabbage Key  
 Dolphin Watching  
 Captains Available  
**472-5800**  
 Jensen's Marina  
 Captiva Island

**FLORIDA'S #1 SELLING INSECT REPELLENT**

• Locally owned and operated  
 • 100% natural ingredients  
 • Smells great  
 • Safe to use on kids  
 • Works on pets & horses  
 • Non-greasy or sticky formula  
 • Repels mosquitoes & most biting insects

**NOOOOoOo No-see-um™**

Visit Our Website for Locations on Sanibel & Captiva Islands  
[WWW.NONOSEELUM.COM](http://WWW.NONOSEELUM.COM)

**CLEAR YOUR GEAR™**  
 It Catches More Than Fish  
 Untangle tackle from vegetation and discard it responsibly

**AGES CLEAR YOUR GEAR!**  
 Jay Holcomb/International Bird Rescue

**CAPT. MATT MITCHELL**

**Light Tackle Sport Fishing**  
 Tarpon • Snook  
 Redfish & More

**C: (239) 340-8651**  
[www.captmattmitchell.com](http://www.captmattmitchell.com)  
 email: [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com)



## ISLAND MARINE SERVICES, INC.

- NEW MOTOR SALES • REBUILT POWERHEADS •
- FACTORY TRAINED •

MERCURY - MARINER - JOHNSON - EVINRUDE  
 SUZUKI - YAMAHA - OMC - I/O'S - MERCUISER

Courteous Professional Marine Repair Service • Dockside Service  
 Serving Sanibel & Captiva For Life

**472-3380 • 466-3344**

**Your Bottom Specialist**  
 Call on Paint Prices



Dave Doane

CROW Case Of The Week:

# Diamondback Terrapin



by Bob Petcher

The diamondback terrapin (*Malaclemys terrapin*) normally resides in brackish coastal tidal marshes of eastern and southern parts of the nation. It is so-named due to the

multiple “diamond-shaped” rings on its carapace.

At CROW, a female diamondback terrapin was admitted after being hit by a car while crossing the road in Matlacha. She reportedly sustained a fracture to her carapace as well as one along her bridge (area that connects top and bottom shell) and plastron (bottom shell).

“The original injury was fairly extensive, causing severe head trauma and the fractures. The terrapin received pain medication first, then underwent testing — bloodwork and x-rays,” said Dr. Mariah Lancaster, CROW veterinary intern. “A sedated procedure was performed which allowed us to flush the blood and road debris from her wounds prior to shell fixation. One of our rehabilitation staff recently taught us a technique learned at the National Wildlife Rehabilitators Association annual conference, which allows us to use foil tape and superglue



Patient #20-1702 is still recovering from injuries

photo by Brian Bohlman

to secure the shell rather than the more invasive screws and wire. Due to her small size and the freshness of the fractures, she was an ideal candidate for this technique.”

The x-ray revealed the patient was also gravid, or carrying eggs, with six eggs visible on the radiograph. She had lost so much blood from her injuries that she became very anemic. A blood transfusion was needed to help her and her future offspring.

“It is difficult to know exactly how long she has been developing her eggs, however, diamondback terrapins typically average three weeks in between laying each clutch of eggs. Based on our ability

to see the eggs on x-rays, there has to be minerals (calcium) already within the shell, which means she is on the closer side to laying the eggs,” said Dr. Lancaster. “The shell was repaired the same day the patient arrived at CROW, but a few days were necessary to arrange the donor for the transfusion.”

The turtle is currently recovering because of Jordan Donini, a herpetologist and professor of biology at Florida SouthWestern State College Collier campus. The blood for the transfusion was able to be donated by his terrapin, who was rescued by authorities from a poacher that had removed her from the wild for the

illegal pet trade.

“Jordan is a former CROW staff member and has remained close with the staff. We reached out to Jordan knowing he has some ambassador terrapins at the moment,” said Dr. Robin Bast, CROW staff veterinarian. “According to Jordan, this terrapin in particular was rescued from someone who tried to take it from the wild and sell it to a pet store.”

Since it was not able to be determined where the blood donor came from, she could not be released to the wild and is now an ambassador for Jordan’s research and education group, The Southwest Florida Turtle Project.

“The Southwest Florida Turtle Project was started with three main goals in mind: to study and elucidate the life history of lesser known/less revered species of turtles in the Southwest Florida Peninsula — specifically species of conservation concern such as diamondback terrapins, and Florida box turtles,” said Donini. “(The other goals are) to educate locals on current conservation and environmental issues revolving around turtles, other species and the habitats they live in; and to train and encourage students to take part in active wildlife/conservation research. You can follow the project and the work we do on our Instagram page (@swfl\_turtle\_project).”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).



## Sanibel Marina





Dedicated to Yachting Excellence

# Grammar Dot's SANIBEL THRILLER CRUISES



SEASIDE DINING

Taste of the Islands “People’s Choice Award”  
Winner Seven Continuous Years

Lunch & Dinner  
472-8138

SANIBEL MARINA

634 N. Yachtsman Drive • [www.sanibelmarina.com](http://www.sanibelmarina.com)



- Sanibel and Captiva Islands’ Most Exciting Boat Tour
- Circumnavigating Sanibel & Captiva Islands with Dolphins

239.472.2328 • [www.sanibelthriller.com](http://www.sanibelthriller.com)

Reservations are required • Also Available for Private Charters

Departing from Sanibel Marina  
634 N. Yachtsman Dr. • Sanibel Island

Shell Of The Week

# Angel Wing

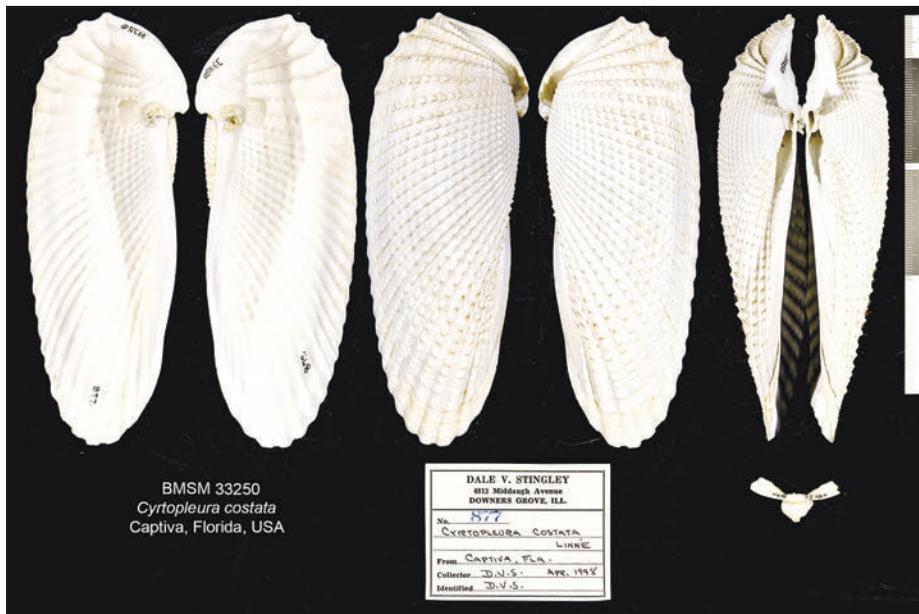


by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

**C**yrtopeura costata (Linnaeus, 1758) is one of the local iconic species, forming,

with the Lion Paw, Junonia, Scotch Bonnet and Alphabet Cone, a “quintet of desirables” for collectors of Southwest Florida shells. Depending on the species, members of the family Pholadidae can burrow on rocks, woods, clay, mudstone and other hard substrates, forming long cylindrical burrows. Angel Wings burrows in compacted mud and can reach about 180 mm (7 inches) in length. Their long siphons cannot be withdrawn inside the shell, and the valves are permanently separated, although joined by the animal’s tissues. A little shelly piece known as mesoplax helps with the rocking movements during burrowing. The shell in the images was collected by Dale V. Stingley in April 1948, on Captiva. Read more about mollusks and their shells at [www.shellmuseum.org/shell-guide](http://www.shellmuseum.org/shell-guide) and [www.shellmuseum.org/blog](http://www.shellmuseum.org/blog).

The museum needs your help. The



The Angel Wing, *Cyrtopleura costata*, from Captiva

photo by James F. Kelly

coronavirus just erased all our best-laid plans. The museum has no admission income and no store sales, but we still have 493 mouths to feed and 20 amazing employees to support. If you are able, we sure could use your help.

We opened our new aquarium exhibits on March 1. We had to close the museum on March 16. This should have been our busiest time of year, providing income for the slower months. We know we’ll have a massive cash shortfall.

And yet, our animals still need to be fed and cared for. We have the best group of employees I’ve ever had the

pleasure to work with in my 25-plus years here at the museum. We need to keep them.

Even closed, it costs about \$100,000 to run the museum each month. If you’ve already contributed, thank you. If not, your gift can help close the gap.

Your gift today will help us ensure that our people and animals are still here and healthy whenever we’re able to safely reopen. To make a secure donation, visit [www.shellmuseum.org](http://www.shellmuseum.org).

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road.\*



Bo Witz to the rescue of a pelican entangled in fishing line photo provided

## Visitor Frees Entangled Pelican

**B**o Witz, who stays at Sanibel Siesta Condominiums every year, extended his stay due to the pandemic. While he was out at the beach in front of the complex recently, he noticed a pelican struggling to free itself. He realized the bird was caught up in fishing line and proceeded to catch the bird and cut him free from the fishing line.

“There are still great things happening every day on the island,” said Julie Smith, manager of Sanibel Siesta.\*

**OPEN**  
Indoor & Outdoor Seating  
**4:30 - 8:30**

Full menu available for Take out, Curbside or Delivery.

**TO-GO**

- Bottle & Can Beer
- Bottled Wine

**GROWLERS**  
\$10 REFILLS  
OF LOCAL CRAFT BEER

1200 Periwinkle Way | 239-472-1998 | [Matzaluna.net](http://Matzaluna.net)  
Vegan & Plant Based Options | Gluten Free Pasta

**Take-Out & Delivery Available**

*“Have a Gourmet Meal and a Bottle of Wine Delivered to Your Door!”*

Call Ahead Ordering is Welcomed

Check our website/facebook page for our **“Family-Style” Menu every Friday Night.**

**Monday thru Saturday**  
**Lunch 11:30am - 4pm; Dinner 5pm - 8pm**

1625 Periwinkle Way • 239.472.1956  
View menus at  
**[www.SweetMelissasCafe.com](http://www.SweetMelissasCafe.com)**

# SCCF Shorebird Nesting Report



A snowy plover incubating its nest blends right in to the environment photos provided

Sanibel-Captiva Conservation Foundation (SCCF) Shorebird Biologist Audrey Albrecht reported that there are now four active snowy plover (*Charadrius nivosus*) nests and one Wilson's plover (*Charadrius wilsonia*) nest. Least terns (*Sternula antillarum*) are beginning to exhibit behaviors that indicate they may nest soon.

As you can see from the photo above, snowy plovers blend in well with their environment and can be hard to see. Keep an eye out and respect enclosures.

Shorebird migration is under way, and many shorebirds are gathering on the shores preparing for their lengthy migrations. Some of these birds are coming from Central or South America, and will be continuing on to their nesting grounds in the Arctic. Others winter with on Sanibel, like the sanderling (*Calidris*

*alba*) with white flag P03 pictured above. P03 was originally banded as an adult in May 2015 at a migratory stopover location in Chaplin Lake, Saskatchewan. A stopover location is a place where migratory birds stop to rest and refuel along their migration route – in this case to Arctic Canada.

Because these birds have such long journeys, it is important that they are able to rest and eat enough while they are here. Never flush birds or allow children or dogs to chase birds resting on the beach. They have many thousands of miles to fly and need all of their energy to survive their migration.

If you have any questions about shorebirds, email [shorebirds@scsf.org](mailto:shorebirds@scsf.org).

## Sea Turtle Update

Sanibel-Captiva Conservation Foundation (SCCF) reported that there are now 13 sea turtle nests on the beaches, with 11 loggerhead (*Caretta caretta*) nests and two rare leatherback (*Dermochelys coriacea*) nests.

Since last week's update, sea turtle monitoring surveys found six nests and 15 false crawls from loggerhead sea turtles on Sanibel. On Captiva, SCCF documented three nests and two false crawls from loggerheads and one leatherback nest.

"Leatherback sea turtles are very rare on Sanibel and Captiva and this year, we are extremely fortunate to have one leatherback nest on each island," said SCCF Research Associate Andrew Glinsky. "Leatherbacks are the largest of all species of sea turtle and an uncommon visitor to Florida's Gulf Coast."

The total of false crawls for the season so far is 21.

"The sea turtle season is beginning to pick up and soon turtles will be nesting on the beaches every night and we expect nest counts to increase," said Glinsky.

SCCF staff members are helping out with early morning monitoring of the beaches while the team of volunteers is

on hold out of caution due to COVID-19. Monitoring occurs every morning from the Sanibel Lighthouse to Redfish Pass on Captiva. Night surveys began May 1.

Visit [www.seaturtle.org](http://www.seaturtle.org) to keep up with the nesting season on a daily basis.

To report any issues with nests, nesting turtles or hatchlings, call SCCF's Sea Turtle Hotline at 978-728-3663.

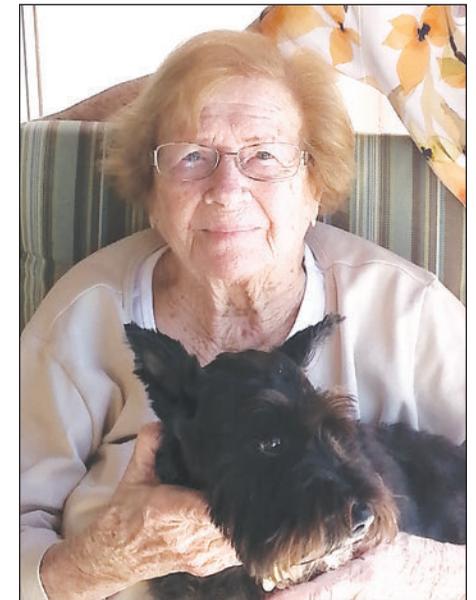
## Drive By Birthday Celebration

Doris Southerton of East Rocks on Sanibel will be celebrating her 100th birthday in her own home on Tuesday, May 19.

Originally from Massachusetts, Doris moved to Sanibel 40 years ago with her loving husband of 50 years, Charles (Chic) Southerton, vice president of Ocean Spray. Doris did volunteer work for 20-plus years at Lee Memorial Hospital and HealthPark, and along with two others, started what is now known as the "Senior Center (Center 4 Life)," where she worked for more than 10 years.

She was known on the island as the "Hot Dog Lady" and was recognized by Judie Zimomra of the City of Sanibel at her 90th birthday during hot dog grill day. She was also recognized by the Sanibel Recreation Center in 2009 for her 15 years of volunteer work.

Doris likes to watch the sunsets from her back porch with her 12-year-old mini-schnauzer Willie, the reason her house is called "The Sunset House."



Doris Southerton and Willie photo provided

All are welcome to join her friends and neighbors for a drive by birthday celebration for Doris on May 19 at 3 p.m., beginning on Boulder Drive. Balloons are welcome and will be provided.

# WELCOME BACK!

Enjoy Indoor & Outdoor Dining  
in a Casual and Friendly Atmosphere.



LIMITED MENU - TAKEOUT AVAILABLE  
LUNCH: 11:30 a.m. – 4 p.m.  
DINNER: 4 p.m. – 9 p.m.  
HAPPY HOUR: 3 – 5 p.m. Daily

239-472-0223  
2055 Periwinkle Way  
Sanibel, FL 33957  
[CipsPlace.com](http://CipsPlace.com)



Jean Le Boeuf, News-Press



# BEST BREASTS ON THE ISLAND

## The Pecking Order Fried Chicken

DELIVERY . CATERING . TAKE OUT

2496 Palm Ridge Road, Sanibel

239.472.2534



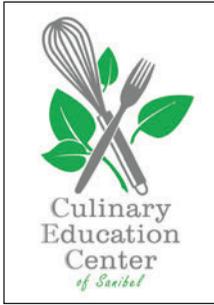
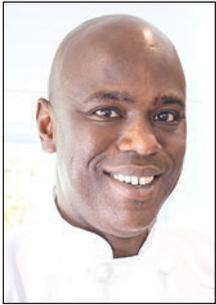
**WINNER:**  
BEST FRIED CHICKEN

**WINNER:**  
BEST LUNCH

**WINNER:**  
BEST BEACH FOOD TO GO

The Community House

# The Cauliflower



16th century. Cauliflower reached the Americas at the beginning of the 20th century.

Because of its high nutritional value, cauliflower is considered one of the world's healthiest foods. It contains minerals such as phosphorus, manganese, potassium and magnesium. It is also an excellent source of choline, dietary fiber, vitamins C, K and B6, and folate. In fact, cauliflower has more vitamin C than oranges.

The health benefits of cauliflower include a reduced risk of certain cancers, heart and brain disorders. It also helps detoxifies the body and relieves indigestion. The antioxidants and nutrients in cauliflower can help in strengthening the immune system and maintaining cholesterol levels.

Here is a simple recipe to try:  
**Honey and Sesame Cauliflower**  
Ingredients

- 1 head cauliflower (cut into florets)
- 2 whole egg whites (lightly whipped)
- 1 1/2 cup panko breadcrumbs
- 1 tsp. paprika
- 1 tsp. ground cumin
- 1 1/2 tsp. garlic powder
- Salt and fresh ground pepper, to taste
- 2 tsp. sesame oil or vegetable oil
- 2/3 cup honey
- 2/3 cup low sodium soy sauce
- 4 tbsp. apple cider vinegar
- 2 tsp. sweet chili sauce or sriracha
- 5 cloves garlic (minced)
- 1/2 cup water
- 2 tbsp. cornstarch
- Toasted sesame seeds, for garnish

Chopped green onions, for garnish  
**Method**  
Preheat oven to 400F. Lightly grease a baking sheet with cooking spray and set aside.

Add the egg whites to a large zip-top bag; add cauliflower florets, close the bag, and shake until well combined.

In a separate zip-top bag, combine panko crumbs, paprika, cumin, garlic powder, salt and pepper; add the cauliflower florets and shake until well coated.

Transfer the cauliflower florets to the prepared baking sheet; bake for 18 to 20 minutes, or until tender and lightly browned.

In a nonstick pan over medium heat, combine the sesame oil, honey, soy sauce, vinegar, chili sauce and garlic. Simmer for 10 minutes.

In a small mixing bowl, combine the cornstarch and water and stir until the cornstarch is dissolved.

Add cornstarch mixture to soy sauce mixture and whisk until well combined. Remove from heat and set aside.

Remove the cauliflower florets from oven and generously coat them with the sauce.

Garnish with toasted sesame seeds and green onions.

Serve as appetizer, or over rice.

*Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.\**



Betsy Conrad



Renée Chastant

From page 1

## Virtual Exhibit

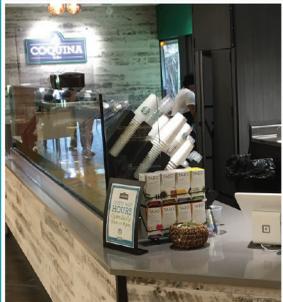
enchanted with the completely different flora and fauna of Southwest Florida, especially the birds. Most of Chastant's art involves organic subjects such as plants and animals, rather than figures or urban landscapes. She is known for her exuberant application of bright pigments. "Nature is what inspires me," said Chastant, "and I love to translate what I see into vibrant watercolor pieces." Most of her paintings are characterized by strong, saturated hues. Her painting style varies from fairly representational depictions to bold, colorful renditions. "Color animates my spirit, and color is what excites me most in all of my varied painting subjects," she said.

Both featured artists are members of the Sanibel Captiva Art League. For more information about the art league, visit [www.sancapart.org](http://www.sancapart.org).\*



## OPEN DAILY 6AM-6PM

Jerry's Café Open Daily: 7am-8:30pm  
Jerry's Foods Open Daily: 6am-10pm











The Neighborhood Place

Located on Casa Ybel and Periwinkle Way

10% OFF  
FOR  
LOCALS



SANIBEL • ISLAND, FL

Voted  
"The Best Pizza  
on the Island"  
2009-2018

Serving Sanibel Since 1977 • Eat In - Take Out • Free Local Delivery

## TAKE OUT & DELIVERY!!!

(We have teamed up with our sister restaurant Sweet Melissa's for delivery)

Happy Hour EVERYDAY From 2-6 PM

Half Price Apps • \$6 Cheese Pizza (10")

BOGO Free On All Draft Beer & Wine

OPEN 7 DAYS 11 am - Closing

239-472-1581 & 239-472-1107

1619 Periwinkle Way, Sanibel, FL

Facebook: [islandpizzasanibel](https://www.facebook.com/islandpizzasanibel)

Instagram: [Island\\_pizza\\_sanibel](https://www.instagram.com/Island_pizza_sanibel)



Sea turtles are one of the species spotlighted

photo provided

## Celebrate Endangered Species Day

The JN “Ding” Darling National Wildlife Refuge will recognize Endangered Species Day on Friday, May 15 with a week’s worth of virtual activities broadcast through the refuge’s official Facebook page starting Monday, May 11.

In keeping with the weekly #DingatHome series of learning exercises for those staying safer at home, Endangered Species Week introduces a daily themed activity based on one of

Florida’s endangered species. Each day’s activity posts at 10 a.m. through Friday, May 15. Activities include:

May 11 – Movement Monday: Florida Panther. Learn to run, stretch and leap like this lithe creature.

May 12 – Tale Tuesday: Key Deer: Why is this diminutive creature found nowhere else in the world?

May 13 – Wildlife Wednesday: Smalltooth Sawfish. Learn: Is it a fish or a shark?

May 14 – Trail Thursday: Sea Turtles. Track sea turtle nests on Sanibel beaches along with education staff on a virtual scavenger hunt.

May 15 – Fun-Time Friday: Schaus Swallowtail Butterfly: Create endangered

species art from this crafty DIY video.

The week’s videos will be linked on the #DingatHome web page. Visit [www.dingdarlingsociety.org/articles/dingat-home](http://www.dingdarlingsociety.org/articles/dingat-home) to access that day and beyond. Watch the broadcasts for news of specials and discounts on the Refuge Nature Store’s e-commerce site, [www.ShopDingDarling.com](http://www.ShopDingDarling.com).

ShopDingDarling.com.

“We are excited to turn our viewers and friends onto the plight of our endangered animals in this fun, new way,” said “Ding”Darling Conservation Educator Sara Soderholm. “Thanks to my interns and ‘Ding’ Darling Wildlife Society (DDWS) for making this happen.”\*\*

From page 1

## Captiva Residents

service dining this week. Doc Ford’s Rum Bar and Grille saw a fairly busy dinner service on May 4, with most customers seated outside. Tables were spread out to meet required social distance measures and new menus were printed on easily cleaned material.

The Bubble Room offered outdoor seating for the first time, on five picnic tables previously used for customers waiting their turn to dine at the iconic restaurant. Indoor seating would be limited to 40 people.

“Tween Waters Island Resort and Jensen’s Twin Palm Cottages and Marina reopened on May 1, while South Seas Island Resort planned a soft reopening on May 15.

“With things easing up and restaurants opening on Monday, we had people wanting to come in,” said John Jensen, co-owner of Jensen’s. He said about half the 14 cottages were occupied this week and extra precautions were taken with cleaning. They planned to slowly ease back into full operation, cutting back on boat rentals, and staff members wearing masks in the office.

“We’re just not going full blast. We’re taking small steps to see how it goes,” Jensen added.

While vacation rentals remain prohibited, Lee County deputy sheriffs have discovered a few instances of illegal rental arrangements thanks to vigilant neighbors. However, some illicit rentals continued under the radar. For example, this reporter encountered a family from Gainesville that was able to rent a home for a few nights this week through a private owner. Similar stories abound from residents who share anxiety, although most realize life needs to return to some sense of normalcy.

“At some point, you’ve got to open, little by little,” said resident Richard Sonking, adding he won’t be going to a restaurant anytime soon and also hasn’t eaten any take-out food during this time. “I just hope it’s not too much too soon, because I’d hate to see a second wave of the virus.

“To some extent, you have to sort of psychologically prepare yourself. We’ve been isolated now for a number of weeks. You can’t stay that way forever. I just hope people act responsibly and do what they need to do to protect themselves and each other. We need to get our lives back.”\*\*



FRESH FARE



FUN DRINKS

Visit our award-winning newly remodeled restaurant and enjoy creative farm-to-table dishes, each carefully crafted with the freshest ingredients. And be sure to check out our new bar room addition featuring small plates and yummy drinks.

To learn more, visit [cielo-sanibel.com](http://cielo-sanibel.com)

# CIELO

1244 Periwinkle Way, Sanibel Island

Call 239-472-5555



**Peach Puff Pastry**  
 6 Peaches, diced small  
 4 tablespoons Orange blossom honey  
 1 tablespoon lemon zest  
 2 cups ricotta cheese (whole milk or skim)  
 1 pack puff pastry shells, store-bought  
 1 tablespoon fresh thyme, chopped fine  
 Pinch of sea salt  
 Preheat oven and bake puff pastry shells according to instructions on package. Remove and allow to cool completely.  
 In a small bowl combine ricotta cheese, lemon zest, and 3 tablespoons honey. In a separate bowl combine peaches and thyme. Fill each pastry shell with ricotta mixture. Top with diced peaches and drizzle with remaining honey to finish.\*



Peach Puff Pastry

photo courtesy Fresh From Florida

# FAST AND FRESH TO GO

To advertise call: 395-1213

**JERRY'S Foods** Restaurant & Deli  
 Daily Lunch Specials • Salad Bar • Take-Out or Eat In • Breakfast • Lunch • Dinner  
 Open Daily 6 a.m. - 8:30 p.m.

CALL FOR DAILY SPECIALS 472-9300

Store Hours 6 a.m. - 10 p.m.

**Bailey's GENERAL STORE** ESTABLISHED 1899

**FULL DELI, BAKERY**  
**DAILY LUNCH SPECIALS**  
**COLD BEVERAGES**  
 Call us for your cookout, picnic and party needs. We'll take care of you!  
 Corner of Periwinkle Way & Tarpon Bay Road  
**472-1516**

**Sanibel Deli & Coffee FACTORY**  
 Breakfast, Lunch & Dinner & Later  
**239-472-2555**  
[www.sanibeldeli.com](http://www.sanibeldeli.com)  
 2330 Palm Ridge Rd. (Across from CVS)

10th Anniversary  
 Sanibel's Favorite Delicatessen  
 BOAR'S HEAD  
 Gluten Free Options  
 Pizza & Wings • Ice Cream & So MUCH MORE!  
**WINNER Best Pizza** Taste of the Islands

**The Pecking Order**  
 Old-Fashioned Fried Chicken  
**BEST BREASTS ON THE ISLAND**

Open Daily 11am to 8 or 9pm **239.472.2534**  
 Take Out • Delivery • Catering  
 2496 Palm Ridge Road, Sanibel

**Gramma Dot's**  
 The Only Dockside Dining on Sanibel  
 Located at the Sanibel Marina  
 Specializing in Local Seafood  
 We also feature Petite & 10 oz. Filet Mignons  
 Dining Awards: 6 years running **472-8138**

**Gourmet Rendezvous TO-GO**  
 Steaks, Seafood & Stews with a French Accent  
**Bleu Rendez Vous French BISTRO**

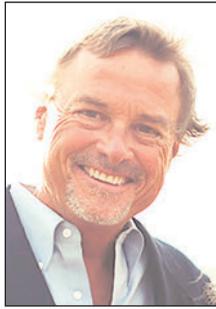
**\$3 Off Entrees To Go (Limited Time)**  
 Menu Online at [www.bleurendezvous.com](http://www.bleurendezvous.com)  
 Call or Text Order 239-565-1608  
 Pickup Tues-Sat 5-7pm  
 Hot & Ready or Cold to Reheat Later

2430 Periwinkle Way • [www.bleurendezvous.com](http://www.bleurendezvous.com)

# Can't Wait To Go Back To Normal

by J. Bruce Neill, PhD

Right about now, we hear that, we say that, we so badly yearn for that, getting back to normal. I'm sorry to be the annoying one to remind, or tell you, perhaps once again, but we're not going back. That's not how time, history or civilization works – we go forward, never back. It's never, ever gonna be like it was before the 2020 pandemic. I don't know exactly how it'll be different, but I feel strongly that we ought to embrace the new, not yearn for the old.



We will emerge from the COVID-19 pandemic a new, changed community, nation and world, and if we embrace the concept of moving forward, I believe we will create better lives. But better won't happen by accident. We have to be brave and think about what we have learned and what we want for our future. And, it will require the strength of conviction to do the work to move into, and maintain that new, better way of life until it becomes habitual.

Don't be confused, I'm not, in any way, making light of the loss of human life, nor suffering, nor hardship, but in some ways this pandemic can serve for many of us as a gift. An opportunity for a reset. The motivation to choose how and what we want our lives to be as we go forward in the new, post-pandemic world. I would bet that most of us had lives that weren't perfect before COVID-19, and they won't be perfect after; however, we can make all our lives a little better. We have it to do all over again. And now is the time for us to think about the future we want to create.

In the conservation business, we have to grapple with, accept and, ultimately, embrace the inevitability of change rather than constancy. In conservation discussions, we sometimes use the jargon restore, but it's just that, jargon;

dynamic things don't get restored. As an example, we are never going to restore the Caloosahatchee; there are too many people in Southwest Florida who impact it, and we have changed it too radically. Even if we could somehow magically wind the hands of time backwards, what would be our desired stopping point?

Would Caloosahatchee restoration be before it was connected to Lake Okeechobee, or before the Calusa dug canals and diverted its flow? The questions of restoration become numerous and complex; the simple path is that for conservation, our task is to design for the future so that natural environments can be sustained and remain as healthy as is possible under prevailing and possible future conditions – the new normal.

As individuals, sheltered at home, we have to shake the idea of going back and instead, look to the future and decide what we want it to be like. America is never going to look like a Norman Rockwell rendition again. It is a great nation – there is no again relevant to reality. Our challenge is to decide what each of us will learn, what we will set as priorities and how we will help it become a greater nation through our actions.

Over the last month, my wife and I have adopted long neighborhood strolls after dinner; I think we will work hard to preserve these once we have the ability to be distracted by other things. Turns out these strolls are really very good – for our health, for our relationship, for our neighborhood; they are probably worth working to maintain. I believe we will work to make them a vital part of our new life. I talk with my sister more than I have in years, and it's good; I will work to make that a part of my new normal.

What about you? What do you want make a part of your new normal life? Soon we will go to that new normal.

Until then, please stay well. Enjoy the small joys of life and include more of nature in your enjoyment.

*Dr. Neill is the co-founder and executive director of Sanibel Sea School. Part of the SCCF (Sanibel-Captiva Conservation Foundation) family, Sanibel Sea School's mission is to improve the ocean's future, one person at a time.\**

From page 8

## City Hires Firm

Individual businesses could make their own decisions regarding requiring customers to wear masks.

Council members agreed that masks are not necessary outside. One person from the public suggested that wearing masks while cycling could actually be detrimental.

### Public Encouraged To Comment By Email

Several residents turned up at Tuesday's meeting for public comment after receiving a notice that comment via email would not be read. The notice was a mistake and all emails were read. All emails must be sent to the city clerk at [pamela.smith@mysanibel.com](mailto:pamela.smith@mysanibel.com) in order to be read at the meeting.

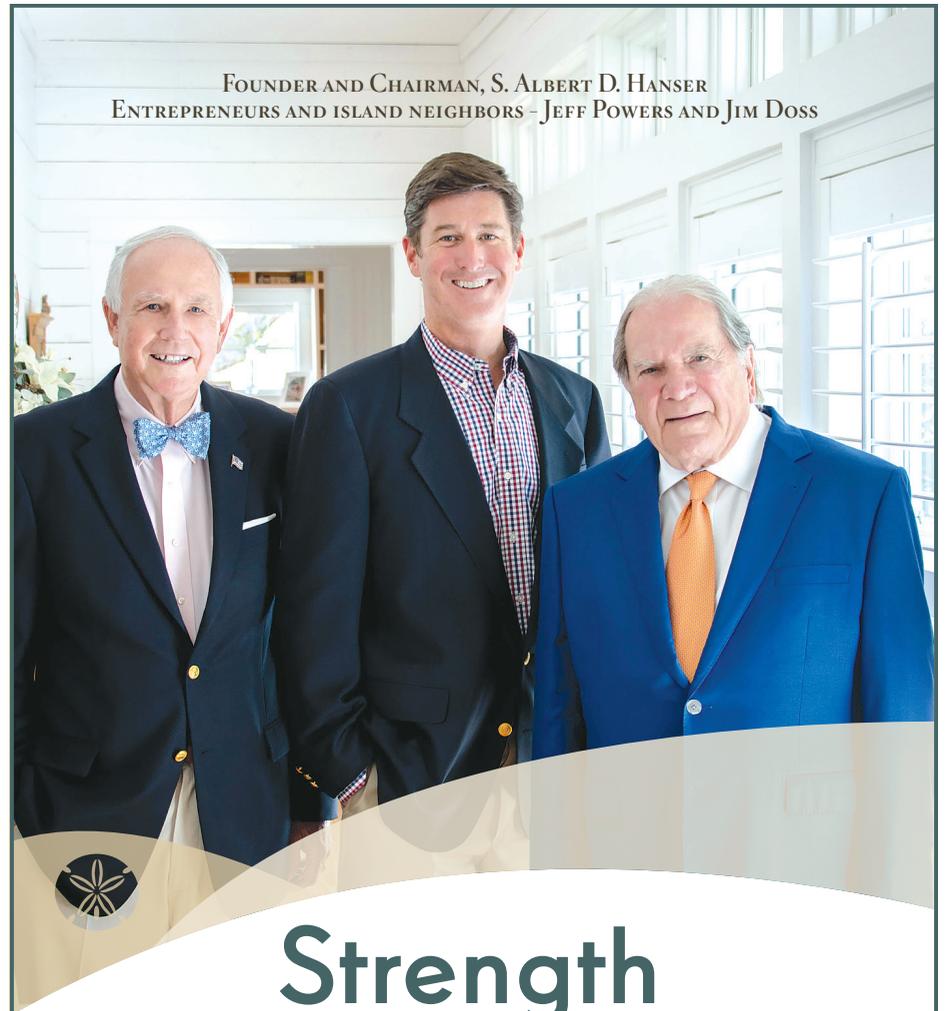
### SFWMD Increases Flows By One Third

The Southwest Florida Water Management District (SFWMD) recommended increasing weekly flows of freshwater from Lake Okeechobee by one third to 650 cubic feet per second because of increased salinity in the estuary, Natural Resource Director James Evans told city council Tuesday.

Water levels in the lake are a little above last year's but considerably lower than 2018. The red tide that occurred in 2018 was partly blamed on the release of freshwater from Lake Okeechobee.

Evans said Sanibel was just half a foot away from a water shortage and the Island Water Association has requested residents to limit watering vegetation to two days a week.\*

FOUNDER AND CHAIRMAN, S. ALBERT D. HANSER  
ENTREPRENEURS AND ISLAND NEIGHBORS - JEFF POWERS AND JIM DOSS



## Strength in Numbers

As The Trust Company grows, the more we value the knowledge and experience of our Board and Advisory Board members.

There is strength in *community*.

### Ready for a better experience?

We invite you to visit our office to discover the difference.

\*Available for investable assets of \$2 million and above.

THE  
SANIBEL  CAPTIVA  
TRUST COMPANY  
PRIVATE WEALTH MANAGEMENT

TRUST & ESTATE SERVICES | INVESTMENT MANAGEMENT

2460 Palm Ridge Road | Sanibel, FL 33957

239.472.8300 | [sancaptrustco.com](http://sancaptrustco.com)

NOT FDIC INSURED | NOT GUARANTEED | MAY LOSE VALUE

Support our island restaurants, order take-out

# Sanibel Library Expands Services

The Sanibel Public Library staff is now on site to answer questions and provide book recommendations over the phone; call 472-2483. You can also ask for help via email to [notices@sanlib.org](mailto:notices@sanlib.org).

The library is providing patrons access to online resources and access to physical materials with safety precautions for patrons and staff. The library is now providing contactless curbside service for materials requested on hold.

Hours for curbside pickup are Monday through Friday from noon to 3 p.m. Place your item(s) on hold online, or request items by calling 472-2483. You will be notified when your items are ready for pickup. Patrons will have three days (excluding Saturday and Sunday) to pick up items.

Drive into the parking garage. Put your vehicle in park. You will see a table set up outside the first sliding door entrance. The bags will be on the table in alphabetical order. Your items will already be checked out and placed in a green bag with your name on it. Pick up your bag with your borrowed books and library material, there is a handout with information about returning your items, and other current library services.

The library building is closed, but book drops are open. Returned materials will be quarantined for a minimum of 24 hours.



Ian Wainwright and Margie Klein answering calls

photo provided

Interlibrary Loan remains suspended until statewide delivery system resumes. Watch the library's website for updates. All user fees have been waived during the closure.

To access all of the library's online services, choose "eShelf" from the homepage menu at [www.sanlib.org](http://www.sanlib.org). Your PIN is the last four digits of your library card.

Sanibel Public Library offers more than 6,000 eBooks and audiobooks via the OverDrive Libby app. Sanibel Public Library Foundation provided a \$5,000 grant for additional eBook support. The grant allows the library to increase the number of popular fiction and nonfiction eBooks.

For more choices of OverDrive eBooks to borrow, you can add collections such as Southwest Florida Library Network (SWFLN). Tap on the "Add a Library" from within the Libby app. When borrowing eBooks from SWFLN, use your Sanibel Public Library card number in the Libby app. Your PIN should be the last four digits of your library card number.

The Hoopla Digital app also allows users to stream movies, TV shows, comics and music. With Hoopla, all material can be accessed simultaneously (no holds). Downloadable magazines are available through the RB digital app. Local use of the RB digital app has increased nearly 400 percent in the

past few months.

Library cardholders can stream from Kanopy, which showcases more than 30,000 titles, including award-winning documentaries, indies and classics. The Freegal music app offers access to about three million songs, including Sony Music's catalog of legendary artists.

Ancestry.com is available to Sanibel Public Library patrons from home. Users must enter a password to gain access, the password is: books11. To get started, visit the Genealogy section of the library's website, under Resources page. If you're having problems accessing Ancestry from home, email [notices@sanlib.org](mailto:notices@sanlib.org).

Library staff has been creating "how to" videos from their homes. To see the videos, go to the News Blog at <https://sanlib.org/blog>. Operationally, the Library notes:

For more information, call 472-2483, or visit [www.sanlib.org](http://www.sanlib.org).\*

## Children's Center Opens Monday

The Children's Education Center of the Islands will reopen for the remainder of the school year beginning Monday, May 11. Enhanced safety protocols have been put in place for the safety of students and staff. Summer camp will also be offered, pending no unforeseen changes. For more information, call 472-4538 or visit [www.childrenseducationcenter.com](http://www.childrenseducationcenter.com).\*



# Your "I Could Use Some Calm Right Now" Store.

## We deliver CBD.

Get the high-quality CBD products you're looking for from Your CBD Store, the first dedicated CBD store. From calming to sleeping to pet anxieties, we can help you find the products you need, and we'll even provide phone consultations if you'd like.

**Save 20% in-store or by calling (239) 237-2807**

Stop by or order by phone today and mention this ad to save 20% on your order. (Same day delivery is also available for select Fort Myers zip codes when placing phone orders.)

**OR**

**Save 20% online at [SunFlora.org](http://SunFlora.org)**

Shop online at [SunFlora.org](http://SunFlora.org) for free delivery, and save 20% when you enter promo code 001FL at checkout.



# Your CBD Store®

Your CBD Store of Ft. Myers  
4144 Cleveland Ave #2 • Ft. Myers • (239) 237-2807

Your CBD Store of Cape Coral  
1532 SE 47 th St. • Cape Coral • (239) 217-0197



**Trevor Nette**  
Broker/Realtor

Today is the day to live your beautiful life

3767 West Gulf Dr., Sanibel



- Newer construction. Gorgeous interior.
  - Wine Room. Elevator. Game Room.
  - Panoramic Gulf views. Private Pool.
  - Fully Furnished. Professionally Decorated.
- \$7,995,000

5089 Joe Wood Drive, Sanibel



- Beautiful beach front w/ option of a vacant lot
  - Located in private + exclusive Gulf Ridge
  - 6BR beach house. Large pool, generator, shutters
- \$3,495,000

2647 Wulfert Rd. #1, Sanibel



- New interior with open layout + 2 car garage area.
  - New kitchen, bathroom, flooring + electrical.
  - 3/3. Fantastic #18 Fairway + Lake Views.
  - Can be purchased with membership
- \$899,000

2284 Troon Court, Sanibel



- The Sanctuary. Private + Luxurious Residence.
  - New roof, generator, impact windows.
  - Large resort style pool + landscaping.
- \$1,799,000

16970 Captiva Dr., Captiva



- Premier Beach Location on Gold Coast.
  - Western Exposure Direct Sunset Views.
  - Live the Island dream.
- \$3,995,000

2659 West Gulf Drive, Unit B302, Sanibel



- Best of the best location.
  - Penthouse/western corner exposure.
  - Professionally decorated. Turn key.
  - Panoramic Gulf of Mexico views.
- \$2,295,000



Spotlight Properties of the Week

From Beach to Bay + Everything In-Between

TREVORNETTE.COM Trevor@ TrevorNette.com 239.281.4435

Book Review

# Wisdom Comes

by Di Saggau



**D**r. Mahmood A. Hai, who lives on Sanibel, has written a primer for those who seek success and contentment in their professional and personal life. *Wisdom Comes*

Life's Lessons Learned is a memoir combining heartfelt spirituality with a lifelong love of medicine, patient care and life itself. Dr. Hai narrates his journey from India to the United States and his successful long practice in surgery. There is wisdom on every page along with life lessons that will inspire. A short poem by the author is a good example, "My candle burns at both ends; It will not last the night; But ah, my loves, and oh, my friends, It gives a lovely light."

Dr. Hai describes his early days of practice in India, at a food distribution center that fed hungry people during a famine. Steamed rice and corn was like manna from Heaven to the recipients, and it had a profound influence on his dedication to his profession. He shares old quotes, including: "The heart is a very good fertilizer; anything we plant: love, hate, fear, hope, revenge, jealousy; surely grows and bears fruit. We have

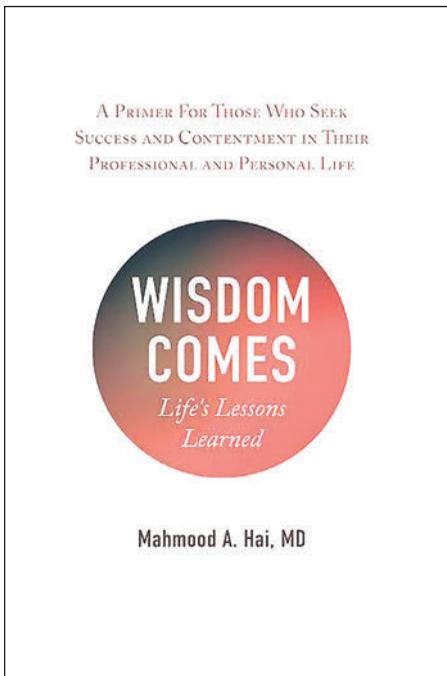


image provided

to decide what we want to harvest." In 1979, a nurse named Annette Clement crossed paths with Dr. Hai. Little did he know that, 18 years later, she would become his wife. Greenlight laser technology used by urologists, is a field that Dr. Hai became involved with, and that technology has had a major impact in giving relief to suffering humanity.

He addresses the "burnout" experienced by many physicians, mostly due to bureaucratic tasks such as charting and paperwork. He said during a survey 50 percent said exercise helped them cope, 43 percent talked with family or close friends, but unfortunately 42 percent isolated themselves from others, 32 percent ate junk food and 23 percent drank alcohol. Many physician and hospital organizations are beginning to realize the gravity of physician burnout and its impact. You'll read stories about doctors to admire and some who behave like criminals.

Some of the best advice in this book is a list of the eight best doctors in the world. They are: "Sunlight, rest, exercise, diet, temperance, water, air, trust in God. Maintain them in all stages of life and enjoy a healthy life." *Wisdom Comes* may be geared to those in the medical field, but it contains healthy advice for everyone.\*

# School Smart

by Shelley M. Greggs, NCSP



**D**ear Readers, As our time with restrictions on movements and activity continue, so do a wide range of feelings continue to emerge. Our

children are also experiencing this range of feelings. And some may be experiencing completely new and uncomfortable somatic and psychological thoughts and sensations. It's important that children learn to identify and express what is going on with them, and it's not always an easy process to do this.

Fortunately, there is now a free online workbook available from The Yale Child Study Center – Scholastic Collaborative for Child & Family Resilience to help parents and child caregivers to use. This collaborative works to advance research and contribute to the development of resources, programs and curriculum that improve academic and health outcomes for children, their families and communities.

The workbook *First Aid for Feelings: A Workbook to Help Kids Cope During the Coronavirus Pandemic* is available for download in both English and Spanish. It is written by child development expert Denise Daniels, RN, MS, a dedicated nurse and founder of The National Childhood Grief Institute. Nurse Daniels describes the workbook as a "comforting resource (that) is designed to help children alleviate stress and anxiety and to provide a sense of control during changing times." She further describes the workbook as a "resource that will encourage children to express their thoughts and feelings while providing parents and caregivers with simple strategies to help kids handle emotions." Here's the link [www.medicine.yale.edu/childstudy/scholasticcollab/resources-covid](http://www.medicine.yale.edu/childstudy/scholasticcollab/resources-covid).

The workbook provides approximately 15 pages of activities with each page presenting a different

topic and activity to discuss. I would recommend skimming through the workbook with your child and quickly looking at each topic and then spacing these activities across time. Choosing one page per day to work through is a good working pace and will allow for some thought and reflection. I would also suggest that kids pick the page that they want to work on. This way his or her more pressing concerns will surface more quickly and can be brought out into the open and talked about.

There is also a page of resources in this workbook. The activities are written for elementary aged students but can be adapted for either older or younger children as needed. Children are asked to identify their feelings, what they already know about the virus, and what they would like to know about it. With guided prompts, kids are asked to think about specific strategies that they might use to help themselves, their friends and family. The emotions that come with change, fear and frustration are addressed specifically. Strategies to identify helpers, calming techniques and things to look forward to are also included. While this workbook has been designed to discuss COVID-19, many of the techniques presented would be appropriate to use for any emotional concerns. Working through this book will provide you and your child an excellent way to learn how to handle difficult feelings, build resilience and develop life-long coping skills.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.\*

## Limited Access At Refuge, Trails Remain Open

**O**fficials at JN "Ding" Darling National Wildlife Refuge will continue to evaluate the risk of its operations to visitors, staff and the local community. In keeping with recent state and city directives as well as national guidelines, staff are developing a phased plan to reopen facilities as they meet staffing, distancing and personal protective equipment (PPE) requirements.

The current status includes: Wildlife Drive and its trails remain open from 7 a.m. to 7:30 p.m. admission-free.

Bailey Tract trails remain open; although its Tarpon Bay Road parking lot is closed to vehicles;

The "Ding" Darling Visitor & Education Center remains closed until further notice.

Tarpon Bay Explorers, the refuge's continued on page 29



**Breakfast, Lunch & Dinner & Later**  
**Pizza & Wings • Ice Cream**  
**Gluten Free Options**  
**& So MUCH MORE!**



**WINNER**  
**Best Pizza**  
**Taste of the Islands**



**BOAR'S HEAD**  
 Dine In or Take Out  
**239-472-2555**  
**www.sanibeldeli.com**  
**2330 Palm Ridge Rd.**  
 (Across from CVS)

**Show your colors!**

**This bumper sticker is available at these favorite island stores.**

- Beach Stuff
- CVS Pharmacy
- Island Pharmacy
- Jerry's Foods
- Suncatchers' Dream

**SHOP LOCAL**

**whims**  
 clothing to look your best.  
 art & gifts to feather your nest.

**monday - friday**  
**11 am - 4 pm**  
**239-313-0535**  
**2451 Periwinkle Way**  
**Bailey's Center**



**888-603-0603**

**239-472-HOME (4663)**

2242 Periwinkle Way, Sanibel Square #3

More info including streaming videos at [SanibelSusan.com](http://SanibelSusan.com)



*Still time to buy a property with features that have Mom-appeal...*



**Tropical Cul-de-Sac Privacy With Studio**

Olde-Florida-style, yet elevated & modern. Kitchen opens to great room with high ceilings & skylights, spacious porch, sauna, separate utility room, en suite master with walk-in closet. 901 South Yachtsman Dr in Shell Harbor. \$799K



**Easy-Care Condo With All the Amenities**

2nd floor 2 bedroom expanded into glassed balcony. Bamboo floors, updated kitchen, full-sized washer & dryer. View of bay from inside & of canal from private entry deck. Furnished. Mariner Pointe #522 at 760 Sextant Dr. \$499K



**Gourmet Kitchen With Butler's Pantry**

plus 2 mini-kitchens, elevator, soaring ceilings, plenty of room for entertaining & spacious living, 5 walk-in closets (1 cedar), lots of built-ins, bay-side pool, plus beach. Newly renovated in & out, 1238 Isabel Dr in Sanibel Harbours. \$3.595M



**Small Complex With Direct View to Gulf**

Great spot for pool watching. Fully-equipped 2 bedroom with den in beachy-décor. Easy-care plank-style tile floors. Big balcony. Just 14 owners share pool & tennis. White Sands #23 at 2311 West Gulf Dr. \$1.199M



**Roomy Residential Condo**

East-end convenience with 2 open terraces. 2nd floor end-unit with peek of bay, parking & storeroom below. ~2,000 sq. ft. with 2 bedrooms, den, & separate utility room. Lighthouse Point #211 at 200 Periwinkle Way. \$599K



**Top-Floor Beach-Facing End Unit**

Though weekly rentals are allowed, this unit has been a 2nd home. Vaulted ceilings, extra natural light from side windows, plus custom upscale open kitchen with stainless steel appliances. Tarpon Beach #207 at 2475 West Gulf Dr. \$999K



**Ease of On-Site Management & Income**

Long-time family owners with years of successful rentals, including many repeats. 2nd floor end-unit 2 bedroom with cheerful tropical furnishings. Sandalfoot #2D2 at 671 East Gulf Dr. \$699K with bookings



**Close to Causeway, Golf & Tennis**

3-bedroom 2-1/2 bath half-duplex with community beach access. Annual tenant here until Sept, then it could be yours. Great vacation get-away, home, or investment. 968 Greenwood Ct South in The Dunes. \$399K

**Or Maybe Mom Wants to Design Her Own Island Home On One of These Lots**



Facing south, wooded, handy to school, rec center, bike path, & refuge. 4566 Buck Key Rd in Sanibel Bayous \$149K



Mid-island inland near Jerry's. Olde-Florida-style homes with community pool & tennis. 1894 Farm Tr in Island Woods \$249K

From page 1

## Businesses Open

out were ready for some return of normalcy, although various opinions abounded regarding the circumstances. Some appeared apprehensive and refused to comment when asked about their sentiments, while others were enthusiastic to share their point of view.

"We are happy things are open," said Gretchen Strong-Betten of Sanibel. "We miss the island and the vibe it used to have. We're happy to do some shopping and see people that we miss. And we're excited to go to Doc Ford's for lunch."

Several other shoppers who were visiting from other areas shared the same sentiment.

"I think responsibly, yes, things should open," said James Teasley, a vacationer from Gainesville who was shopping with his family. "I think as time has gone on, people are starting to get a little antsy. Personally, I'm glad to see things open. I want to buy something in every store."

Congress Jewelers was happy to welcome customers back, although requiring them to don masks and offering masks to those who needed one.



Fort Myers residents Nancy Paul and Doris Borkstrom shopped at Periwinkle Place  
photos by Kathy Kurtz Ferrari

"This won't be forever, but for now we are asking people to wear masks to protect customers, and us and our families," said Melissa Congress, adding the store had been cleaned thoroughly before the opening. New protocols were put in place for safety and jewelry will



Dee Radakovic, left, and Darla Yannatone at The Sporty Seahorse Shop on May 4

be cleaned after handling.

Congress Jewelers continued to do business during the closure through online sales. Within the first couple of hours of reopening, several customers came in the store, although mostly for repairs.

"People are still celebrating events, and Mother's Day is coming up," Congress added.

Ken Huggins, property manager of Periwinkle Place, walked the shopping area on Monday to make sure things were running smoothly.

"I think if we do it gradually and people obey the rules and keep social distancing, wear the mask when they're next to somebody, then it should be fine," said Huggins of businesses reopening. Management employees would be cleaning the common areas regularly by sanitizing hand railings, exterior door handles, elevators and bathrooms. The playground will be closed and signs would be placed on benches to require spacing.

"I've been taking care of this property for 31 years and it's the first time I've ever seen anything like this. Hurricanes you can understand, but they're here and gone. This just knocks everybody for a loop," Huggins added.

A few shops at Tahitian Gardens were open, but the area was quiet. At Synergy, employees had a full supply of cleaning products ready for action and intended to sanitize areas frequently. Only four customers would be allowed in the store at a time.

"I guess this is the new normal," said manager Rose Bergskaug.

Josh Stewart, owner of Adventures in Paradise Outfitters, shared a mix of optimism and reserve.

"I'm excited to be out and see things, but I'm cautious," said Stewart. "I don't think it's too soon for our specific area, especially since the island hasn't really been opened back up. If I get anybody in today, I'm assuming they've been on the island for weeks."

That sentiment may have been wishful, as most customers this reporter encountered were from off-island.

Fort Myers residents Doris

Borkstrom and her friend Nancy Paul were anxious to get out, taking a trip over the causeway at their first opportunity.

"It's the first time we've really been out," said Borkstrom.

"We thought a couple of stores would be open, and we hoped to go somewhere for lunch," said Paul. "It's been very confining."

Lily and Co. Jewelers was open for business and offered masks, gloves and hand sanitizer to customers who wanted them.

"We just want to do what makes other people comfortable," said Lily & Co. staff member Kimberly Salerno, who was wearing a mask as she has some concerns for her own health. "Do I think it's time (to reopen)? Yes, I think people are going stir crazy."

On Sanibel's east end, Christine Armbrecht, who has lived on the island since 1982, was enthusiastic to get out and shop on the first day she could.

"I wanted to get out and see some new life and activity," Armbrecht said as she shopped at The Sporty Seahorse Shop, noting she had also visited Periwinkle Place earlier in the day. "We are all in this together, and I want to support my favorite spots. I'm looking forward to going out to dinner soon too."

Alice Verme, who works with her mother Laurie Verme at Sanibel's Best Homemade Ice Cream, had concerns about broader openings. While her business has remained open during the pandemic, she feared relaxing sanctions may threaten the island.

"As much as I want the businesses to reopen and go back to normal, I think the city council members chose a wise decision to give it some more time and do it slowly," Verme said, explaining her mother's background as a nurse and her own experience in biology research has given her concerns over safety. "My grandfather lives with me and I don't want anything to happen to him. There are a lot of people who live on island that are older that I care about, and this would be very detrimental to their health." ❄️

# DECORATING DEN INTERIORS®

Window Treatments . Furniture . Flooring . Lighting . Accessories . Closets



Providing Custom Interiors to Sanibel & Captiva for 30 years  
Complimentary In-Home Consultation



695 Tarpon Bay Rd. Sanibel, FL 33957 239.472.6551  
www.coin.decoratingden.com

**LET US  
HELP YOU  
BUY & SELL  
THESE FINE  
PROPERTIES.**



**15146 WILES DRIVE**



**CAPTIVA COTTAGE GETAWAY**

- 2 BR, 2 BA, open floor plan, light & bright
  - Breathtaking sunsets from lanai
  - Great Rental income, Perfect Vacation Home
  - Your own piece of Paradise
- \$2,389,000**

**1558 SAN CARLOS BAY DRIVE**



**SANIBEL ON THE BAY**

- Beautiful Home w/ Amazing Water Views
  - 3 Bedroom, 3.5 Bathroom, Oversized 2 Car Garage
  - Wood beamed ceilings, impact resistant floor to ceiling windows
  - Gorgeous wood floors, open concept w/ custom Kitchen
- \$2,989,000**

**1230 BAY DRIVE**



**SANIBEL HARBOR**

- True "Old Fla" 3BR 2BA Perfect Island Dream Home
  - Deep Water Boating Access w/ Updated Pool and Deck
  - Amazing Views, Modern Finishes & Lush, Tropical Vegetation
- \$1,619,000**

**1226 ISABEL DRIVE**



**BAY FRONT WITH BOAT DOCK**

- Direct Bayfront Parcel w/Stunning Views
  - Beautiful Location Cleared w/Seawall
  - Option to Purchase Protected Boat Dock
- \$1,239,000**

**11555 WIGHTMAN LANE**



**CAPTIVA ISLAND BEACH HOME**

- Gorgeous Sunsets, Walk to Shops & Dining
  - Beautifully Decorated, Fully Furnished
  - Floor-Ceiling Impact Windows, Copper Roof, Wood Floors
- \$3,849,000**

**1314 SEASPRAY LANE**



**NEW 2020 CONSTRUCTION GULFRONT ESTATE HOME**

- 5 BR /5.5 BA w/2 Master Suites
  - Great Rm w/ Soaring Beam Ceilings, Fantastic Woodwork
  - Amazing Multi-level Deck Space, Negative Edge Pool and Spa
- \$6,995,000**

**5117 SEA BELL ROAD #B 209**



**STEP'S TO BOWMAN'S BEACH**

- Largest 2 Bedroom 2 Bathroom in Blind Pass
  - Views of Lush landscapes & Pool
  - Great Income opportunity w/ weekly rentals
- \$494,000**

**9036 MOCKINGBIRD LANE**



**THE DUNES**

- Unmatched views, overlooking the lake & golf course
  - Vaulted ceilings, large open concept & amazing indoor/outdoor living
  - Large master suite, walk-in-closet & spacious bath
- \$679,000**

  
**McMURRAY** of **ROYAL SHELL**  
 & Members of Real Estate

**FOR PROPERTIES OF PRESTIGE & PREFERENCE**

McMurrayandMembers.com | Info@McMurrayandMembers.com | Mike McMurray: 239.850.7888

Follow us on Social Media at: @mcmurrayandmembers   

The Sanibel Captiva Trust Company

## Make Senior Living Work For You Both



by Steven V. Greenstein, CTFA, Wealth Services

One of the most difficult and challenging times in senior life is transitioning from an independent lifestyle to assisted living when your

health begins to decline. The key to a successful transition is to be proactive and have a plan in place rather than be reactive to a crisis after it arises. Trying to find a place that meets your personal, social and medical requirements, and assessing the future cost are highly personal decisions based on your individual needs, wants and wishes.

Finding suitable living arrangements as a couple when you have varying personal and social needs and drastically different health situations creates additional and compounding challenges. As a general rule, the spouse who needs the higher level of medical care will dictate the type of senior living arrangement that is best suited to accommodate those needs. At the same time, the healthier, more mobile and

perhaps more sociable spouse must also ensure that there are appealing and fulfilling leisure activities that will point to a pleasurable quality of life.

Couples can explore the possibility of aging in place at home with professional home health aides who can supply everything from basic care needs to rehabilitative care, or round-the-clock skilled nursing care for the medically needy spouse. The goal is to also alleviate the burden on the healthier spouse for caregiving and medical attention. Another popular choice for couples with varying needs to explore is a continuing care retirement community. A couple can move in together, but if one spouse needs to move to a higher care living facility on the campus, the couple is still close enough to see each other every day – while the healthier spouse can enjoy the social benefits and leisure activities in the community.

So, for couples who are in the process of planning future living arrangements together, the best way to make the most successful decisions possible is to research your options in advance, identify and discuss your individual and shared social, emotional and health needs, and honestly assess the potential probability of future health changes before they arise. Reaching a final decision for couples with differing needs is a balancing act that comes down to prioritizing the wants and wishes of two individuals who want to stay together, but who are at different places in their lives. The process works best with open and honest communication, reaching

for compromise, and recognizing the importance of the love and respect that has kept you together for all these years.

*This information is not intended to be and should not be treated as legal advice, investment advice or tax advice.*

### Superior Interiors

## Tips For Organizing Your Garage



by Linda Coin

The garage is a great place for storage. Whether it's protecting the car from the inclement weather or keeping all the yard furniture and lawn accessories in order, those with a garage know how

useful it can be. Yet, this common space only comes in handy when it's organized. If you feel like your garage has turned into a chaotic mess, you're not alone. Between a busy schedule and seasonal changes, there are dozens of reasons your garage may be less put together than you'd prefer. Now's a great time to get this useful space back in order.

Clear out the clutter – You can't start rearranging your valuables until you get rid of the items you don't use anymore. The first rule of reorganizing a room is purging those items you can't remember the last time you used. Perhaps it's a set of lawn furniture, plant pots, Christmas decorations or the manual reel lawn mower your father swore you'd use. Remove everything from the garage and create two piles: one for the things you'll keep, and another for the items you'll donate or pass down to another family member or friend.

Install new storage units – Now that you have a clean slate to work with, you may want to invest in a new set of storage units. A heavy-duty outdoor cabinet can keep all of the small garden tools and yard accessories in order. Place this unit against a wall so you don't take up too much space.

Make use of your ceiling and wall space – You don't have to invest in multiple cabinets if your wall space is bare. Your walls offer plenty of opportunity to hang your lawn grooming supplies, bikes and

*Readers, including professionals, should under no circumstances rely upon this information as a substitute for their own research or for obtaining specific legal or tax advice from their own counsel.\**

other outdoor tools and accessories. The ceiling can also come in handy for hanging large items you don't want sitting on the floor of the garage.

Don't forget to have fun – Just because it's the garage, doesn't mean it doesn't deserve some character. Once everything is in order, take advantage of the opportunity to dress this space up and have some fun. You can create an entertainment area for football season, equipped with a television, bar cart and seating area. Or, you can finally create the craft and woodworking station you've been dreaming of building for years. Your garage may be the optimal space for storage, but that doesn't mean you can't have fun with the extra space you created.

If you take a quick glance at your garage and feel an instant rush of anxiety at the thought of organizing the space by yourself, don't fret. With a professional's help, you can develop a game plan for tackling the clutter and keeping it neat for months to come. A design professional will evaluate your space and recommend numerous storage options for optimal organization. Using his or her insight and your own ideas, you can craft the ideal blueprint for a garage that stays in order no matter the season.

*Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coincoden.com.\**

## American Legion Opening Soon

American Legion Post 123 will reopen soon as a non-smoking facility. However, smokers can use Timmy's Nook, the historic venue outside.



Veterans, families, guests and the public are welcome. Veterans and their immediate family are invited to join Post 123, Sons of the American Legion or American Legion Auxiliary. Post 123 is located at mile marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.\*

THE ONLY ISLAND-BASED AIR CONDITIONING COMPANY

**Sanibel AIR AND ELECTRIC**

**Whole Home In-Duct Air Purifier**

REME-HALO

- Kills up to 99% of bacteria, mold and viruses
- REME® reduces sneeze germs by 99% in the time a sneeze can reach three feet
- New zinc ions kills 99% of viruses on surfaces

**(239) 395-COOL (2665)**

24-Hour Service Line: 239-472-3033

Sanibel Air and Electric, Inc. | Family Owned & Operated  
1213 Periwinkle Way | Sanibel, Florida 33957  
www.SanibelAir.com • cooling@sanibelair.com

**RUUD**

LIC # EC-0001761 LIC # CAC-057364

**Jesus Hernandez**

★★★★★

**LAWN CARE & TREE SERVICE**

Good time to revitalize your landscaping

**10% OFF**  
on New Landscaping Jobs

*We honor 6 ft. social distance at all appointments.*

— Licensed & Insured • Free Estimates —

**239-482-7350 • Cell 239-872-9886**

www.JesusLawnCare.com • JesusLawnCare@gmail.com



# BONDURANT

## MOTHERS

INSPIRE • SUPPORT • COMFORT • LOVE  
 IN MAY WE HONOR THE WORLD THEY CREATE FOR US TO THRIVE

### NEAR BEACH STUNNER



**2154 STARFISH LN • SANIBEL**  
 Just steps to the beach in Butterknife. 3 bed, 3 bath, 2773 sq ft. Elevator, stunning kitchen, open floorplan, screened lanai & pool, large lot.  
**OFFERED AT \$1,495,000**

### GOLF COURSE & LAKE VIEWS



**1073 SAND CASTLE RD • SANIBEL**  
 Beautiful curb appeal, updated kitchen & baths, 3 bed, 2 bath, 1831 sq ft. Spacious screened lanai overlooking golf course & lake. 2 car garage.  
**OFFERED AT \$795,000**

### SUNRISES & SUNSETS



**9128 MOCKINGBIRD DR • SANIBEL**  
 Panoramic views of golf courses & lake on a quiet cul-de-sac, 3 bed, 2 bath, 2095 sq ft, relax at the covered lanai and screened pool. Ground level, 2 car garage.  
**OFFERED AT \$760,000**

### WEST END BEACH LIFE



**2265 WEST GULF DR 320B • SANIBEL**  
 New Listing! Gulf front complex allows pets & 7 night rentals. Highly desired community among owners & renters alike. Heated pool shuffleboard, clubhouse, elevators.  
**OFFERED AT \$685,000**

### SUNSET VIEWS



**987 SAND CASTLE RD • SANIBEL**  
 Enjoy spectacular views from this serene setting. Spacious & open layout with several outdoor spaces, vaulted ceilings & more! 4 bed, 3.5 bath, 2370 sq ft.  
**OFFERED AT \$695,000**

### EASY ISLAND LIVING



**1031 SAND CASTLE RD • SANIBEL**  
 Overlooking The Dunes lake and golf course, 3 bed, 3 bath, 1908 sq ft home is easy on and off island. Lots of outdoor space, pool and 2 car garage.  
**OFFERED AT \$749,000**

### EAST END BEACH LIVING



**312 PERIWINKLE WAY #6 • SANIBEL**  
 Casa Balanca with a lanai water view! Steps to Bay just one block to Gulf. Beautifully remodeled, perfect beach retreat. Pool. Pet ok with approval.  
**OFFERED AT \$363,000**

### PEACEFUL WEST END



**2065 WILD LIME DR • SANIBEL**  
 Serene, private West End island retreat. Relaxing, screened pool & lanai. Coastal cool home, 3 beds and 2.5 baths, 1731 sq ft. Close to Bowman's Beach & Blind Pass.  
**OFFERED AT \$599,000**



## 23 Year Island Residents Serving Our Community

Mary Bondurant

"The Matchmaker" Realtor®  
 239-839-3633

Mary@GoKingfisher.com



Fred Bondurant

"The Captain" Broker Associate  
 239-281-5356

Fred@GoKingfisher.com

Kingfisher Real Estate, Inc.

2402 Palm Ridge Road • Sanibel Florida 33957

Will Power

# Revealing Vulnerabilities Necessary To Create Appropriate Estate Plan



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

I often begin my initial consultations with a simple question: "What do we hope to accomplish today?" I intend for that question to be more complex than who should receive what in your estate plan.

The longer I practice estate planning law, the more that I find it to revolve around emotion and feelings than as a technical exercise to transfer wealth. Sure, when I was a young attorney, I learned all the techniques to minimize taxes, properly provide for a spouse and protect our progeny's inheritance from the dangers of spendthrift beneficiaries,

divorcing in-laws and bad investments.

When we're first married, and our children are young, life is relatively simple, and so are our estate plans. Our major assets might include a residence, retirement account and life insurance. Our relationships are fresh and straightforward. We worry over who will act as the guardian of our children if we should die in a plane crash.

As we reach retirement age, it all becomes more complicated. We may still be in our first marriage, enjoying many years together. Or we may be in another relationship, complete with step-relations. Here, providing for our spouse to maintain her standard of living with the rest passed down to our own children and grandchildren isn't so easy without having serious discussions, and making hard decisions.

Our children are no longer those rascals playing in the backyard, instead they've grown into adults who have their own strengths and weaknesses. They've married, and perhaps divorced, and have families. They may live near or far away, and our relationships with them are vastly different than what we may have imagined before they grew up.

We worry about our grandchildren's educations. College is so much more expensive today than ever. It's difficult for a middle-class family to make ends meet when they have two or three children attending a university within a few years of one another. Yet a college diploma remains a ticket to a better lifestyle in our economy.

Our assets are a hodgepodge of complexity. We opened IRAs and 401(k) accounts that have minimum required distributions once we're 72. Florida homestead must be left to a spouse, if we have one, unless we have a nuptial agreement specifically waiving the constitutional and statutory descent and devise rules. We have bank accounts, investment accounts, second residences and, perhaps, rental properties. Life is good, but not simple.

So when you sit down with me, your estate planning attorney, I need to know a few things. Not just who is supposed to get what.

Rather, I want to know what you're worried about. Most of us don't want to think about our own demise. It's ghoulish, and against human nature to do so. Yet, the thoughts creep in. What is it that keeps you awake at night when you think about leaving your loved ones behind? In the best of circumstances, what do you hope to leave them, what structure would you like to create? What structure will give you the feeling that you've left a platform enabling them to excel?

How are the relationships between your family members? Does anyone have money issues? Marital problems? Have you loaned or gifted any substantial monies to one of your children and not the others? Some of my clients are hesitant to discuss these issues as they don't want the other children to know, yet it's important to your estate plan.

This requires deep thinking and exposing vulnerabilities, both yours and those of your loved ones. What do you anticipate the emotions to look like following your demise between your surviving spouse and your children and grandchildren? How can your estate plan promote family harmony, and the values that you hold dear?

That's where I can help. When I hear from my clients what exactly it is that they're thinking beyond the dollars and cents, we can get creative.

Another aspect to estate planning is communication. Our culture discourages parents and children talking about money. For some reason, it's out of bounds. Some parents fear that if their children knew their net worth, then they might harbor expectations of gifts or assistance. That fear is compounded when our children don't understand the amount of principal it takes to generate retirement income.

Others fear becoming a burden to their loved ones. No one wants that. This is where it's important to have a team, consisting of your financial advisor, CPA and estate planning attorney, who will illuminate a pathway to independence. But again, before we can guide someone down that path, we need to know what the emotions are. It requires revealing vulnerabilities.

That's why this whole process isn't a transaction. It requires an ongoing relationship. Over time, our family dynamics change, don't they? Our assets fluctuate, as do our financial needs and desires. Tax laws change seemingly every year.

So that's where we begin. With a simple question: "What do you hope to accomplish today?"

©2020 Craig R. Hersch. Learn more at [www.sbshlaw.com](http://www.sbshlaw.com).✪

## Rotary Happenings

submitted by Cindy Carter

An interesting post found floating around Facebook should give us all just a moment of pause. It goes like this:



"Some people don't agree with the state opening... that's okay. Be kind anyway. Some people are still planning to stay home... that's okay. Be kind anyway."

Some are still scared of getting the virus and a second wave happening... that's okay. Be kind anyway. Some are sighing with relief to go back to work knowing that they may lose their business or their homes... that's okay. Be kind anyway. Some are thankful they can finally have a

surgery they have put off... that's okay. Be kind anyway. Some will be able to attend interviews after weeks without a job... that's okay. Be kind anyway. Some will wear masks for weeks... that's okay. Be kind anyway. Some people will rush out to get their hair or nails done... that's okay. Be kind anyway.

The point is, everyone has different viewpoints and feelings and that's okay. Be kind anyway. If you want to go out, go. Just respect others when in public and be kind. Don't judge fellow humans because you're not in their story. We are all in different mental states than we were months ago, be kind anyway."

Wouldn't it be great if the only lesson we all learn from this whole exhausting and stressful time, was to be a little more understanding, tolerant and kind anyway?

*The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.✪*

## How's The Market? Ask Ann

### Reopening Sanibel

On April 29th, Governor DeSantis announced guidelines for a Phase One reopening in Florida. On the same day, Sanibel City Council met to discuss Sanibel's position on reopening Sanibel following the guidelines discussed by the governor. Briefly, this is my understanding:

1. City Owned Beach Parking will remain closed until May 15th
2. Restaurants and retail shops were allowed to open on May 4th at 25% capacity while practicing social distancing. Also, outdoor dining would be allowed as long as social distancing is practiced.
3. Vacation Rental Restriction will remain in force until May 15th. For greater discussion and details, you can listen to the very interesting 5-hour meeting. Go to [www.mysanibel.com](http://www.mysanibel.com) and view agendas.

### Current Trends

**Is this affecting our Real Estate market?** On a national level, CBS News recently reported a 21% reduction in Real Estate sales. Going back one week, our MLS reported 5 new Sanibel sales contracts; a Dunes Duplex, a Loggerhead Cay Unit, a Single Family Home in Beachview, a Coquina Beach Condo and a Sand Pointe Condo.

**Want to make an offer?** If I was a buyer in today's market, what would I be thinking? First of all... a Buyer's Market. Uncertainty, recession, fear of the virus. What kind of "discount" can I reasonably expect as a buyer? First things first. Put your offer in writing. Don't clutter the offer up with a lot of contingencies. Make your deposit large enough to be treated seriously. Give a short time for acceptance and, if at all possible, offer cash and close in 30 days.

**How much of a discount?** It depends. From my personal experience, to make this work, it requires a seller who needs and wants to sell. Generally speaking, Sanibel sellers don't fall into this category... maybe 5%. Some of these sellers ask their agents to solicit offers. Under this example, an opening offer could be 20-25% off the listing price. Expect a counter offer back from the seller and you may be able to negotiate a sale that benefits both parties.

**When do I think the market will improve?** My opinion is not until the last quarter of 2020 or the first quarter of 2021.

In conclusion, Sanibel has a hard core group of buyers that love Sanibel. Folks from this group will continue to be our main source of buyers. Stay safe, wash your hands and continue to practice social distancing. Please call or email me if you have any questions or would just like to chat.

Certified Negotiation Expert • Certified International Property Specialist  
239-850-0979 • [RealtorAnn@hotmail.com](mailto:RealtorAnn@hotmail.com) • [www.JohnGeeRealty.com](http://www.JohnGeeRealty.com)



Ann Gee  
Broker/Owner



# Q W I K

## PACK & SHIP

### 10% OFF

### GROUND SHIPPING

WITH THIS AD

**We Ship Shells!**

**We Ship Luggage!**

**We Ship Fragile Items!**

**We Accept & Sign For Packages!**

**Shipping • Packing • Packing Supplies**

**BW & Color Copies • Mailbox Rentals**

**Pick Ups • Notary Services • Fax/Scan & Email**

*Authorized Shipping Center*

*Friendly and Courteous service*

*All items professionally packed with care*

**MON-FRI 9:30-5:30 • Sat 10-2**

1456 Periwinkle Way, Suite B (Next to Billy's Bike Rentals)

(239) 472-0288 • Fax (239) 472-0809

[Rob@IslandBusinessCenter.com](mailto:Rob@IslandBusinessCenter.com) • [www.IslandBusinessCenter.com](http://www.IslandBusinessCenter.com)

## Local Company To Give Away Minivan

On Saturday, June 6 at 1 p.m., Legendary Automotive and Truck Service will be giving away a vehicle for \$1 to one lucky person who is nominated by the community. The give-away will occur at the company's facility at 1921 Courtney Drive in Fort Myers.

This marks the third year for the giveaway. Nominations will be accepted until May 24.

Legendary Automotive owner and Sanibel resident Jason Stretch believes that this is an amazing way to give back and to help the local community, especially with all the damage caused by COVID-19. "At Legendary, we service and repair vehicles, it is what we do. What better way than to help someone with reliable transportation," he said.

The first two giveaways have done just what Stretch and his employees had hoped for – help foster children and deliver donations and food for those less fortunate.

Stretch has also been donating food to the local food bank and has added a touchless service to protect both his customers and staff. He believes that he has a responsibility to help the community, especially during this pandemic, and making sure people have reliable transportation is very important.

The vehicle for the giveaway is a



Legendary Automotive and Truck Service owner Jason Stretch, left, and his staff with the 2005 Chrysler minivan giveaway photo provided

2005 Chrysler minivan with less than 50,000 miles. His entire team has given it the love and repairs it needs to be a reliable transportation for whomever wins it.

Legendary Automotive is seeking nominations of community residents that contribute but are struggling with reliable transportation. An example nominee would be a single mom that works full time and still takes time to volunteer at a local church or food pantry.

"This is not a hand-out, its a hand-up. We are looking for someone that will pay it forward," said Stretch. "We want

to help someone that helps others."

Everyone at Legendary Auto is excited to see who will be nominated by a panel of three judges.

Legendary Auto offers pick-up and delivery service and sanitizes the vehicle when it is picked up and before being delivered to the customer.

"Our facility is open for business though we prefer customers to take advantage of our touchless service for everyone's safety," said Stretch.

If you would like to nominate someone who could use a vehicle, visit [www.legendaryfl.com](http://www.legendaryfl.com) and click on the

nomination link. If you would like to contribute a vehicle or other support, email [stretch@legendaryfl.com](mailto:stretch@legendaryfl.com).✪

## City Of Sanibel Fiscal Year 2019 Report Released

The City of Sanibel Comprehensive Annual Financial Report (CAFR) for the fiscal year, which ended September 30, 2019, is completed and is now posted and available to the public on the city's website. Visit [www.mysanibel.com/Departments/Finance/Comprehensive-Annual-Financial-Reports](http://www.mysanibel.com/Departments/Finance/Comprehensive-Annual-Financial-Reports) to access the city's CAFR.

The city's external auditors did not report on any deficiencies in internal control, financial records or IT security controls and issued an "unmodified opinion" on the city's financials, the highest level of assurance that can be given.

The CAFR is a comprehensive overview of the city's finances. The finance department works with all city departments in collecting and analyzing financial data from the city's fiscal year. In addition, the CAFR analyzes and discloses information on the city's debt service, investment portfolio and compliance with federal and state grants requirements. The CAFR is audited by an independent third party to assure the public that the document is accurate and in compliance with generally accepted accounting principles.✪



# Yes, We are Open!

Air Trek is standing by 7 days a week for all of your Air Charter needs!

Modern Prop and Jet Aircraft for regional, national, and international charter. We offer full-service VIP concierge service for all of our charter clients!

**Air Ambulance**  
800-MED-JETS (633-5387) • 239-262-5387  
[www.MedJets.com](http://www.MedJets.com)

**Aircraft Charter**  
800-AIR-TREK (247-8735) • 239-262-8735  
[www.AirTrek.aero](http://www.AirTrek.aero)

All aircraft are cleaned and sanitized after each flight for your safety, comfort and peace of mind.



# Frankly Speaking

by Howard Prager



Three things. First, as I'm sure most of you know by now that Don Shula, the winningest coach in NFL history and the only one to lead a team through an undefeated season, passed away on May

4. Personally, I will never forget those great Dolphin (and Colts) teams, and do appreciate how Don Shula was always a stickler for following the rules. What many of you may not know is that he is an author. He wrote *Everyone's a Coach* with Ken Blanchard, author of *The One Minute Manager*, who has written over 60 books and sold over 21 million. This is a very good book about coaching a team on the field and coaching one in business and life, with lots of great stories and examples.

Second, and this will be harder to follow the rules, is the NCAA developing rules for athletes to allow athletes to get paid for endorsements, etc. This is literally opening pandora's box. Many people are already upset that the best high school players go to the best Division I schools. Now with the ability for their athletes to earn money, these schools have an even larger recruiting advantage. Let's look at some pros and cons of this deal.

Pros: the best college athletes no longer have to feel they are playing for

nothing.

Cons: What type of "normal college experience" is a Zion Williamson going to have? Who will he listen to more, his agents or his coaches?

Pros: Student athletes will stay in school longer because they no longer need to leave right away to start earning some money.

Cons: And turn down a multimillion-dollar contract to play for a fraction of that?

Pros: Greater equity of athletic dollars.

Cons: What if donors start paying individual athletes? That in itself will hurt fundraising and can be a mad dash by wealthy alums for the best players.

Pros: in many schools and programs, they are banking on the best athletes anyway in promos, pictures, advertising, etc., so they should share the wealth.

Cons: What about when someone else does well? Do they get a bonus and maybe an agent?

Pro: The charade of the "student-athlete" disappears.

Con: What happens to team play when individuals look out for themselves first and foremost (these are after all team sports for the most part that will be affected.)

What's your impression? What do you think some of the pros and cons of the NCAA adopting this is going to be? I worry about greater seduction of high school athletes (sign with us and we'll guarantee a monetary deal) and the need for younger players to identify and hire agents. Athletes say the temptation to spend their new found wealth is great. How many times do we read about bankrupt athletes because of poor

investments? My opinion is that indeed this is a pandora's box, and the NCAA is going to have to work much harder to create and enforce the rules around this so it doesn't come down to a money grab.

Third, this is my one-year anniversary of this column. I always saw or heard Ed Frank writing these columns on Mondays, looking up all sorts of stats and always having great ideas. This past year has shown me the challenge and effort it takes to put out a good weekly column consistently. Fortunately, I've only had to make one retraction for a missed name. And I've tried to cover parts of sports that aren't saturated in the newspapers and TV. There are some great sports events where I have to add my two cents, too.

I hope you're enjoying this look at sports from other angles. My desire is to continue to bring you different perspectives and perhaps some insights into what's happening on and around the field of play. It's been a bit surprising to me that even in this period when sports couldn't be played because of Covid-19, there's still plenty of sports and sports history to write about. And I'm sure that in some form or fashion, we will have sports yet this year. Whether it will be the regular competition and if we will be in the stands, no one knows. Safety is paramount. It's a bit surprising to me at a time when festivals are cancelling for the entire summer that the NFL just put out a full schedule and says they are on track. That's very short-sighted. Better to say we are looking into how we can

provide football to you this year in a safe way for fans and players alike, and until we have some better answers, we aren't announcing the start of the season yet.

Let's see if we can get some greater honesty, transparency and caring for us sports fans from our leagues, teams and athletes in the coming months. Ed would have wanted nothing less.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to [press@islandnews.com](mailto:press@islandnews.com).\*

## New Real Estate Agent

Kate Stone is now a full-time realtor with Kingfisher Real Estate. She has worked as the office coordinator for the firm for three years. Stone is involved with the Sanibel and Captiva Islands Chamber of Commerce, Sanibel and Captiva Islands Association of Realtors and the local Zonta chapter.\*



Kate Stone

## SPORTS QUIZ

1. What 1987 inductee into the Pro Football Hall of Fame served as executive director of the National Football League Players' Association from 1983-2008?
2. A bronze statue of what Kentucky Derby-winning racehorse was unveiled in front of a Churchill Downs entrance in April 2009?
3. Three times in the 1990s, a pitcher led the American League in wins, strikeouts and ERA in the same season. Name either of the pitchers to do it.
4. Kyle Orton, who played quarterback for five NFL teams from 2005-14, played football at what Big Ten university?
5. Born in Vienna in 1913, what pioneering athletic coach and trainer helped Roger Bannister run the first recorded sub-4-minute mile in May 1954?
6. Alex Rodriguez, in 2015, set a record for most career RBIs by an AL player. Who had been at the top of the list?
7. The city of Beaumont, Texas, is home to a museum and visitor center dedicated to what legendary female multisport athlete?

## ANSWERS

1. Gene Upshaw. 2. Barbaro. After winning the 2006 Derby, he suffered a fractured leg at the
3. Roger Clemens (1997, '98) and Pedro Martinez (1999). 4. Purdue. 5. Franz Stampfl. 6. Lou Gehrig, with 1,995 RBIs. 7. Babe Didrikson Zaharias.

## THE TRUSTED CHOICE IN AUTO REPAIR FOR SANIBEL & CAPTIVA

FREE Pick-Up & Delivery Options



**TOUCH FREE SERVICE:** Complete clean/disinfect before and after service.  
**COMMUNICATION VIA TEXT & EMAIL FOR PHOTOS & VIDEO TO CLIENT**

### Clean and Honest Car Service

Google rated: 4.8 ★★★★★  
We service all makes and models, both foreign and domestic.  
Highly trained, professional, caring staff.  
3 year/ 36,000 mile nationwide warranty.  
Same day service in most cases.

**\$45 SPECIAL**  
Synthetic oil change  
and tire rotation special\*

\* See Website for more details.  
Limit one per customer, no cash value, cannot be combined with any other offer or discount.

State Of Florida MV# 97330

239-277-1004 • [www.LegendaryFL.com](http://www.LegendaryFL.com)

1921 Courtney Drive • Fort Myers, FL, 33901-9020

OPEN Mon - Fri 8am to 5:30pm • Sat 8am to 4pm • Sun Closed



All Makes and Models both Foreign and Domestic

## Under New Ownership

**Get a Complete System Check Today!**

- Routine System Checks
- Repair of Current System
- New Installations
- Water Audits & Leak Detection
- Residential or Commercial

**Affordable ISLAND Irrigation**

**239-738-9970**

[AffordableIslandIrrigation@gmail.com](mailto:AffordableIslandIrrigation@gmail.com)

Beautifulife:

# Love, Mom

by Kay Casperson



This year, in celebration of Mother's Day, I did something a bit different. Instead of waiting for flowers or recognition from my kids or husband, I wrote a letter to my daughters and I would like to share it with you. I

am hoping that this letter brings a bit of encouragement that regardless of how young or how old you are, it is never too late to share your loving thoughts with those you care about, those that mean the world to you and those that made life full.

We all need this kind of inspiration once in a while, no matter what age we are. Some of us got it when we were growing up, others did not. Some of us were encouraged, some of us had to dig deep to find the inspiration to move forward toward our dreams and goals. But one thing remains, we all had a Mom that brought us into this world, and that in itself needs to be celebrated and appreciated because we are all special, unique and have a purpose.

To my beautiful daughters,

As we approach another Mother's Day and you are now at the age where you want to show your appreciation for me in the way of a gift or token of your love, I want to share my heart with you. You may not know this, but you are a gift to me every day. These are just a few of the things that fill my heart with gratitude and love.

I love how you are growing up to be beautiful spirits of individuality and uniqueness.

I love how you fight back when you know you are right and you stand up for what you believe to be true.

I love how you have compassion for others and realize when someone is hurting or needs special attention.

I love how you try to understand that there are always two sides to a story and that you have to dig deeper to find the truth.

I love how you run to me with life's crazy, unanswered questions that need special attention in order to sort things out and make good decisions.

I love how you say goodnight to each other in your own special way no matter how you might disagree throughout the day, which shows compassion.

There are so many "I love how you" sentences to complete, but the most important thing I want to tell you today



From left, Kayce, Kay and Kayla

photo provided

is that "I love you" just because you're you! A beautiful, unique, special person that inspires me to be the best version of myself every single day of my life. For that very reason, I am grateful and thankful for you.

Love, Mom

My affirmation for you this week is:

"I am cherishing all the beautiful moments of being a Mom, helping a Mom, encouraging a Mom and loving a Mom today."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit [www.kaycasperson.com](http://www.kaycasperson.com) or follow on social media @kaycasperson.\*

From page 20

## Refuge

recreation concession, will open when best management practices are in place and approved by the refuge.

Refuge offices will remain closed to the public until further notice. Call 472-1100 ext. 237 or email [toni\\_westland@fws.gov](mailto:toni_westland@fws.gov) for more information.

"Ding" Darling Wildlife Society-Friends of the Refuge offices will remain closed until further notice. To contact "Ding" Darling Wildlife Society, call 472-1100 ext. 232 or email [director@dingdarlingsociety.org](mailto:director@dingdarlingsociety.org).

Refuge staff would like to remind everyone who continues to use Wildlife Drive and other trails to do so safely by keeping their distance from others. They also remind visitors that Wildlife Drive is a one-way road, and bicycle traffic needs to abide by the one-way rules.\*

# SBA Disaster Loans Topic Of Virtual Meeting

The Sanibel & Captiva Islands Chamber of Commerce, along with the Southwest Florida Chamber Alliance and the Lee County Horizon Council, hosted the fourth virtual meeting on April 27. The speaker was Althea Harris, supervisory lead economic development specialist for the U.S. Small Business Administration (SBA) South Florida District Office.



Althea Harris

Just as the second round of federal Paycheck Protection Program (PPP) forgivable loans opened that morning, Harris reminded more than 200 Zoom viewers of its stipulations and benefits. She encouraged them to apply through one of the more than 5,000 SBA-regulated lenders nationwide, later recommending small community and regional banks and credit unions over large corporate banks.

Harris cautioned borrowers under the program that they must retain the same amount of employees as they

had on the payroll when applying for the loan, even if they are not the same original employees.

She also outlined the terms of SBA's Economic Injury Disaster Loan (EIDL), which is also expected to reopen with a new influx of federal funding. "You can apply for this loan and the PPP," she said. But you can't use both for the same costs. In other words, EIDL loan funds cannot be used for payroll expenses if you are using a PPP loan.

Harris provided SBA tools that members can use for keeping in contact with the district SBA office about questions and issues, including the webinars and email bulletin subscription available at [www.sba.gov/southflorida](http://www.sba.gov/southflorida), South Florida SBA's YouTube channel and Twitter page, and by email at [SouthFlorida\\_DO@sba.gov](mailto:SouthFlorida_DO@sba.gov). She recommended local chambers as "a very valuable resource. They are organizations that advocate on behalf of your business. They are information centers... and they care about you."

"I will second everything you said about being a member of your local chamber. We work hard and care very deeply for each and every chamber member out there," said John Lai, chamber president and chief executive officer.

"Althea's straightforward PowerPoint presentation was extremely helpful in clearing up the muddle of information out there," said Lai. "We are super grateful for the time she spent making this difficult time less so."\*

## ARE YOU PREPARED? GET YOUR FREE EMERGENCY HEALTHCARE DOCUMENTS TODAY

Serving Southwest Florida since 1924  
[www.floridaestateplanning.com/healthcare](http://www.floridaestateplanning.com/healthcare)

Our Law Firm has been assisting Southwest Floridians for nearly a century. During this difficult time we're here for our community. Everyone should have proper legal documents should they need them. For your free Healthcare Surrogate and Living Will, visit the link above.



SHEPPARD, BRETT, STEWART,  
HERSCH, KINSEY & HILL, P.A.  
Attorneys at Law



Main/Mailing Office: 9100 College Pointe Court, Fort Myers  
[www.floridaestateplanning.com/healthcare](http://www.floridaestateplanning.com/healthcare)

**Thomas R. Louwers, MST**  
**Tax Consulting & Accounting Services**

Serving the Islands since 1978

has Affiliated with

**BriersCPA, P. A.**

**Certified Public Accountants**

**Auditing, Bookkeeping, Tax & Consulting Services**

1619 Periwinkle Way, Suite 102, Sanibel Island, FL 33957 • (239) 472-5152

 <p><b>FRIDAY</b> Cloudy High: 84 Low: 74</p>	 <p><b>SATURDAY</b> Few Showers High: 79 Low: 69</p>	 <p><b>SUNDAY</b> Cloudy High: 76 Low: 66</p>	 <p><b>MONDAY</b> Cloudy High: 75 Low: 65</p>	 <p><b>TUESDAY</b> Mostly Cloudy High: 79 Low: 69</p>	 <p><b>WEDNESDAY</b> Mostly Cloudy High: 85 Low: 75</p>	 <p><b>THURSDAY</b> Sunny High: 81 Low: 71</p>
---	---	--	--	--	--	---

Redfish Pass Tides				
Day	High	Low	High	Low
Fri	3:26 am	7:12 am	1:37 pm	9:06 pm
Sat	4:33 am	7:28 am	2:10 pm	9:57 pm
Sun	5:53 am	7:37 am	2:46 pm	10:51 pm
Mon	3:26 pm	11:49 pm	None	None
Tue	4:13 pm	None	None	None
Wed	5:13 pm	12:50 am	None	None
Thu	10:54 am	1:51 am	6:41 pm	12:47 pm

Point Ybel Tides				
Day	High	Low	High	Low
Fri	2:31 am	7:14 am	12:42 pm	9:08 pm
Sat	3:38 am	7:30 am	1:15 pm	9:59 pm
Sun	4:58 am	7:39 am	1:51 pm	10:53 pm
Mon	2:31 pm	11:51 pm	None	None
Tue	3:18 pm	None	None	None
Wed	4:18 pm	12:52 am	None	None
Thu	9:59 am	1:53 am	5:46 pm	12:49 pm

Punta Rassa Tides				
Day	High	Low	High	Low
Fri	2:37 am	8:04 am	1:30 pm	9:11 pm
Sat	3:33 am	8:43 am	1:59 pm	10:00 pm
Sun	4:33 am	9:24 am	2:35 pm	10:50 pm
Mon	5:31 am	10:07 am	3:25 pm	11:41 pm
Tue	6:31 am	10:50 am	4:46 pm	None
Wed	7:37 am	12:44 am	6:12 pm	11:52 am
Thu	8:37 am	1:56 am	7:33 pm	1:57 pm

Cape Coral Bridge Tides				
Day	High	Low	High	Low
Fri	5:36 am	10:28 am	3:47 pm	None
Sat	6:43 am	12:22 am	4:20 pm	10:44 am
Sun	8:03 am	1:13 am	4:56 pm	10:53 am
Mon	5:36 pm	2:07 am	None	None
Tue	6:23 pm	3:05 am	None	None
Wed	7:23 pm	4:06 am	None	None
Thu	1:04 pm	5:07 am	8:51 pm	4:03 pm

## My Stars ★★★★★

- FOR WEEK OF MAY 4, 2020**
- Aries** (March 21 to April 19) The Lamb is usually excited about taking on a new challenge. But if that's a touch of doubt you're feeling, maybe it's you telling yourself to go slow on this until you learn more about it.
  - Taurus** (April 20 to May 20) Accepting new commitments when you haven't yet finished the batch on hand could be a bit rash. Better to ease up on the new ones until you get further along with your current lot.
  - Gemini** (May 21 to June 20) Try to be more open-minded in working toward a resolution of that standoff between yourself and a colleague or family member. A little flexibility now could work to your advantage later.
  - Cancer** (June 21 to July 22) Some people might be anxious about your plans. So you need to take time to explain what you expect to do and how you expect to do it. And don't forget to ask for suggestions.
  - Leo** (July 23 to August 22) Dealing with an unfamiliar problem can be difficult. The wisest course you can take is to ask for advice from those who have been where you are and have come through it. Good luck.
  - Virgo** (August 23 to September 22) Tackle a frustrating job problem by considering possibilities you might have ignored before. This reassures colleagues you're serious about finding a solution, even if it's not totally yours.
  - Libra** (September 23 to October 22) Your balanced approach to life proves to be helpful this week when someone you care for needs your spiritual comfort, while someone else benefits from your tough-love practicality.

- Scorpio** (October 23 to November 21) Once again, you're likely to be asked to keep a secret for someone. But do you really want to do so? Be honest with yourself and with your needs before you make any such commitment.
  - Sagittarius** (November 22 to December 21) Taking a more direct approach from the more diplomatic one you've used before could make a difference in finally resolving a too-long-held disagreement. Try it.
  - Capricorn** (December 22 to January 19) Being asked for advice is flattering to the Sea Goat, who has a habit of saying the right thing. This time, expect someone to be especially impressed and to act on that sentiment.
  - Aquarius** (January 20 to February 18) With a number of pressures easing, your project could be making a lot more progress than you expected by this time. That's great news. But don't let yourself be distracted; stay with it.
  - Pisces** (February 19 to March 20) An interesting challenge looms that could be exactly what you've been looking for. Discuss this with colleagues who could have much to contribute and who might want to join with you.
- Born This Week:** Your heart is always open to offer loving concern for others. And they, in turn, reach out to complete the circle.

### MOMENTS IN TIME

- On May 17, 1792, a group of 24 traders gather in lower Manhattan to work out the regulations of the speculative market. The result was the Buttonwood Agreement, a two-sentence contract that gave birth to the New York Stock Exchange.
- On May 14, 1904, the first Olympic Games to be held in the United States open in St. Louis. The 1904 Games

- were initially awarded to Chicago, but were given to St. Louis to be staged in connection with the St. Louis World Exposition. However, the Games were overshadowed by the world fair.
- On May 12, 1925, a Philadelphia radio station broadcasts the first all-star radio program featuring film actors and actresses. Sound films had not yet debuted, and it marked the first time that most listeners had heard the voices of film stars like Lillian Gish and Marion Davies.
- On May 15, 1942, a bill creates the Women's Auxiliary Army Corps (WAACs) in the U.S. Army, granting women official military status in a wide variety of roles around the world. The 16,000 women who joined the early WAACs would not receive veterans' benefits until 1980.
- On May 13, 1956, Gene Autry's musical variety show, *Gene Autry's Melody Ranch*, airs its final broadcast after 16 years. The show featured short skits about cowboys and rustlers, along with musical numbers by Autry, "America's singing cowboy."
- On May 16, 1975, Japanese mountaineer Junko Tabei becomes the first woman to reach the summit of Mt. Everest. In 1988, Stacy Allison became the first American woman to successfully climb Everest.
- On May 11, 1987, Klaus Barbie, the former Nazi Gestapo chief of German-occupied Lyon, France, during World War II, goes on trial, charged with 177 crimes against humanity. Barbie sent 7,500 French Jews and French Resistance partisans to concentration camps and executed some 4,000 others.

### NOW HERE'S A TIP

- Free up space on your smartphone by setting text messages to auto delete

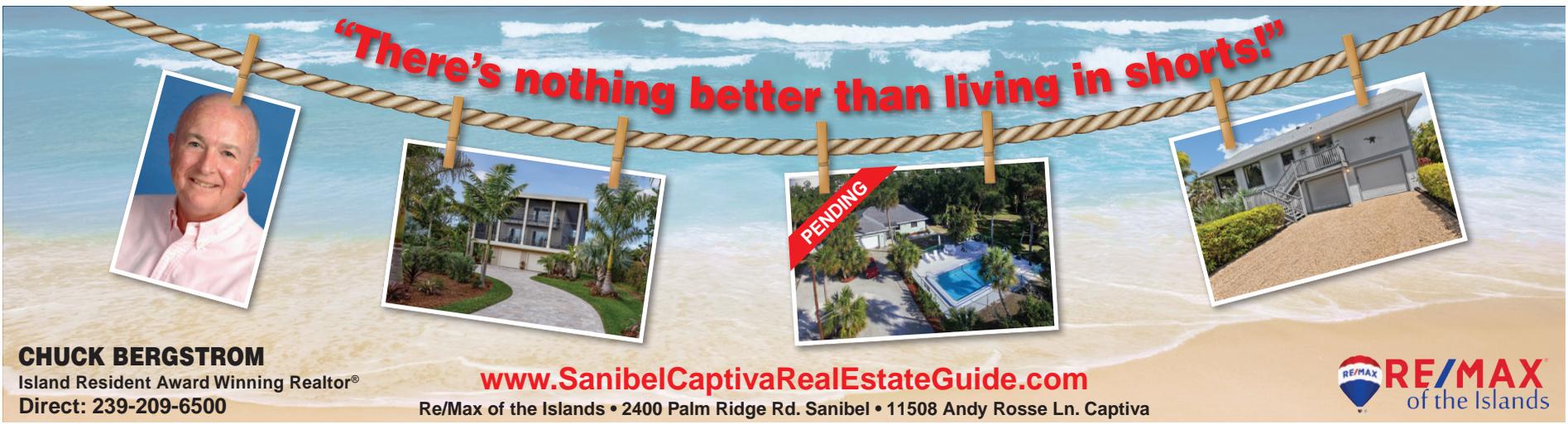
- after a certain amount of time, like 30 or 60 days. If you have a friend who loves to send you gifs or endless bitmojis, you might want to have your chuckle, then delete. These image files take up much more space than a text message.
- "Baking soda can have a whitening effect on some fabrics and is a good alternative for items that might be sensitive to the harshness of bleach in the washing machine. It's fantastic for musty items as well. Add a cup of baking soda to a load of towels, then add a cup of vinegar to the rinse water." TH in Kansas
- Periodically take down curtains and run them through the clothes dryer to dust. If they are not delicate, you can add a couple wool dryer balls to help loosen the dust. Rehang as soon as they are finished to avoid unsightly wrinkles.
- "Drop a small item in a hard to reach place? Slip a sock over the end of a vacuum hose attachment and hold to secure. Turn on the vacuum and "suck up" the small item. The suction will hold it in place, but it will not go into the vacuum. Rather, it will be held captive in the sock, which you can simply slip off for retrieval." AF in New York
- Pet treats for fish? Sure! If you have lettuce in your vegetable crisper, most varieties of fish would enjoy a nibble on a floating piece. Just make sure that you remove any uneaten bits after a day.
- "Tired of waiting for that frothy head on your beer or root beer to go down? Stick your finger in it and watch it disappear like magic." KE in Idaho

### STRANGE BUT TRUE

- Sigurd the Mighty, a ninth-century Norse earl of Orkney, was killed by an enemy he had beheaded several hours earlier. He'd tied the man's head to his horse's saddle, but while riding home

continued on page 38

**"There's nothing better than living in shorts!"**



**CHUCK BERGSTROM**  
Island Resident Award Winning Realtor®  
Direct: 239-209-6500

[www.SanibelCaptivaRealEstateGuide.com](http://www.SanibelCaptivaRealEstateGuide.com)

Re/Max of the Islands • 2400 Palm Ridge Rd. Sanibel • 11508 Andy Rosse Ln. Captiva



dearRPharmacist

## Foods/Spices That Are Natural Blood Thinners



by Suzy Cohen, RPh

**D**ear Readers: Sadly, we're hearing more about strokes and blood clots lately. Apparently, this is a rare, but possible concern with COVID-19 is disheartening because, at first, researchers

thought this virus stayed in the lungs. But now, we know it can penetrate all human tissues and organs.

A research study led by doctors at RCSI University of Medicine and Health Sciences in Dublin, Ireland found that some patients admitted to their hospital experienced abnormal clotting, and that this was the main contributing factor to their death. In those patients, they identified hundreds of tiny clots in the lungs. This explains why oxygen levels drop so quickly and so dramatically in the most severe cases of the disease.

Clotting in your blood matters. You want it to clot so you don't get a paper cut and bleed to death. But you don't want it to clot so much that the debris forms an obnoxious piece of gunk that ends up blocking blood flow to your brain, heart or lungs. There's a healthy balance that's in-between both extremes, and we call the balance "homeostasis."

Blood health can be manipulated by foods, spices and drugs. Clots do not happen to everyone who gets the virus, in fact, many people don't even know they've been exposed or infected. So as you consume my article, please know that my intention is not to provoke fear, or anxiety, it is to offer sensible advice so you can improve your blood health. Since the immune system resides in the intestinal tract for the most part, your diet is what instantly changes your gut microflora and your ability to fight.

The list of foods and spices below have natural anti-clotting properties, that's why people who take anticoagulants may want to avoid these foods and spices or ask your doctor if they're okay for you. Again, certain foods listed below will interfere with their PT/INR levels and medications.

The list, though not complete, includes: Spices – cayenne pepper; thyme; garlic; cinnamon (contains coumarin, a powerful blood thinning agent); curry powder; and turmeric

Foods – ginger; dill; peppermint; beets (high in nitrates); walnuts (high in vitamin E); salmon (omega 3 fatty acids); cherries; and citrus

I can email you a comprehensive version of this article with more foods if you join my online community. Sign up at [www.suzycohen.com](http://www.suzycohen.com).

The fear is crippling. And some of us should be more cautious if we're in the group that is most severely impacted. But from the statistics that are publicly available, I can reassure you that, just like a cold or flu, the majority of infected folks will survive and thrive again.

We all need something positive to hold on to right now. And the truth is that most people survive and get past it. This is a positive thought to hold on to. We don't have control over the future. But we have control of our fork. If you feed your family a healthy amount of foods that support blood health, then you have even better odds of recovering. And that is my wish for all of us.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*

## Input Needed From Local Business Owners

**T**he City of Sanibel has received an invitation from the Florida Gulf Coast University (FGCU) Regional Economic Research Institute requesting that local business owners participate in the second phase of the economic impact of the coronavirus on Southwest Florida.

Per the institute, allowing them to assess the effects of the virus on the region over time, the survey will be an important part of applications from the area for state and federal relief efforts following this episode. Providing assessments such as the survey results will enable everyone to be better prepared when these efforts get under way.

To take the survey, go to: [fgcucob.co1.qualtrics.com/jfe/form/SV\\_1SlgJC1EUWS0f6l](http://fgcucob.co1.qualtrics.com/jfe/form/SV_1SlgJC1EUWS0f6l).

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** Does my pet dog feel all of the stress I've been feeling?

**A:** The answer to that is 'yes.' Dogs have a keen sense of smell and can pick up on the most subtle changes in

their owners. Dogs also recognize facial and vocal recognition. They can also pick up subtle cues of our body language. If a dog feels afraid or threatened, chances are he will avert his gaze and not make eye contact. The following suggestions can help you and your dog feel better and less stressed:

1. Spend a lot of one-on-one time with your dog. Use positive energy and give gratitude for having this special canine companion.

2. Take him on walks and get out in nature. If you live in the city, I know there are social distancing practices in play, but perhaps there is a park or a nice place for the two of you to go. Dogs love their walks and being with their special companion.

3. Simply petting your dog and cuddling give you a release of serotonin and dopamine, which is our pleasure center in the brain.

Having your special companion can actually reduce your stress even though we are in very challenging times. They serve a purpose in our lives and we owe it to them to be the best we can be even in these times. Animals heal us and, by giving your dog unconditional love, your stress levels will decrease and healthier coping strategies will prevail.

*Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at [drconstanceclancy@gmail.com](mailto:drconstanceclancy@gmail.com) or visit [www.drconstanceclancy.com](http://www.drconstanceclancy.com).*

## School District Providing Meals For Students

**M**embers of the Lee County School District are passing out food to children in need at Sanibel Community Church, located at 1740 Periwinkle Way.

Meals are available Monday through Friday from 10 to 11 a.m. each day until further notice. Any child age 18 and under can get a free meal. The grab and go meals include breakfast and lunch.

Bring your student ID or report card to pick up food if needed.

If you have any questions, call Heights Elementary School between 6:30 a.m. and 1:30 p.m. at 481-1922.

## YOUR NEUROLOGICAL SYMPTOMS MAY HAVE A STRUCTURAL CAUSE!

- Balance problems
- Blurred vision
- Dizziness / vertigo
- Fainting / drop attacks
- Swallowing or speaking difficulties
- Tinnitus or hearing problems
- Torticollis / cervical dystonia
- And many more!

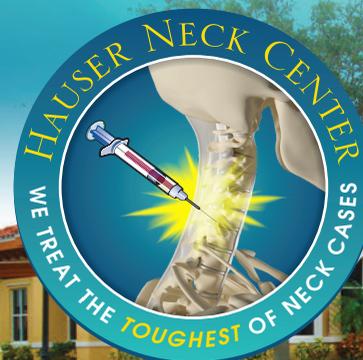
The Hauser Neck Center at Caring Medical Florida specializes in unique, dynamic diagnostic tests that find what traditional MRI scans can miss, and Comprehensive H3 Prolotherapy to treat the underlying structural cause of chronic neck pain, migraines, and neurological symptoms.



Ross Hauser, MD

Learn more at [CaringMedical.com](http://CaringMedical.com) and contact our team to review your case!

Hauser Neck Center  
Caring Medical Florida  
9738 Commerce Center Ct.  
Fort Myers, FL 33908  
(239) 308-4725  
[DrHauser@CaringMedical.com](mailto:DrHauser@CaringMedical.com)



HELPING THE WORLD SEE CERVICAL INSTABILITY WITH 2020 VISION!

### REMOTE VIDEO AND ON-SITE SERVICES

Island Therapy Center

Feel Well on Sanibel! MM#27832 PT#13489



Consult and exercise remotely with your physical therapist or personal trainer from the comfort of your home, while maintaining social-distancing. In-clinic physical therapy with PPE also available.

SECURE, EASY, VIDEO TELEHEALTH THERAPY & FITNESS

239-395-5858 [www.islandtherapycenter.com](http://www.islandtherapycenter.com)

Doctor and Dietician

# Natural Ways To Reduce High Blood Pressure



by Ross Hauser, MD and Marion Hauser, MS, RD

We recently spoke to a friend who had discovered his blood pressure was starting to climb. He said, "I'm not going to just take a pill. I'm going to get to the underlying cause and treat this naturally." Well, he did!

Common risk factors for high blood pressure include overweight, sedentary lifestyle, smoking, unhealthy diet, excessive alcohol consumption, stress, sleep apnea, diabetes, poor vagus nerve function, hormonal issues, as well as other factors such as age, race and family history.

If you are facing a climbing blood pressure, we recommend that you see a natural medicine-minded provider – otherwise, you may be told to "take a pill." Our philosophy on healing any condition is our bodies have amazing healing capacity, so let's do everything we can to support the body's efforts to repair itself.

Each person's plan is individualized, but here are some general guidelines to help.

1. Eat real food. Some people are sodium sensitive hypertensives. Fresh,

real food contains virtually no sodium compared to prepared packaged foods.

2. Get to a good weight if you are carrying extra pounds.

3. Get regular exercise and develop an active lifestyle. Reduce sitting. Intentionally increase movement.

4. Manage your stress and monitor your HRV, adding meditation, prayer, deep breathing and letting go of things that you cannot control.

5. Get at least seven hours of good sleep per night. Turn off "blue light" prior to bed, use relaxation essential oils, keep the room temperature cool, and meditate on something positive prior to sleep.

6. Consider these supplements: Berberine, garlic, fish oil, hibiscus, magnesium and calcium.

7. If you smoke, quit – immediately.

8. Reduce added sugar and refined carbs. Develop savory taste buds. Start with eliminating added sugar or artificial sweeteners.

9. Moderate alcohol consumption to no more than one to two drinks for women per day and two drinks per day for men. Red wine has been shown to lower the risk.

10. Moderate caffeine consumption to one to two cups per day and increase your water consumption to at least six to eight 8-ounce glasses per day - more if you sweat a lot.

11. Disconnect and reconnect – with real people. The "facedown lifestyle" harms your cervical curve which causes vagopathy (destruction of the vagus nerve) that can lead to all sorts of diseases. Stop watching so much TV. Instead, read a book, talk to a live person, take a walk, or go outside.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).\**

## How FISH Of SanCap Lends A Helping Hand

Although there has been movements made to begin reopening businesses through a multi-phase plan, FISH of SanCap understands that the challenges and financial impact to our neighbors will continue for some time. Your neighbors still need your help, and FISH continues to provide financial assistance, food for families, and access to other necessary services including remote referrals, consultations and well-check calls.

"Many of our clients are eager to return to work, however, significant damage has already been done financially," said Alicia Tighe, FISH executive director. "Moreover, the uncertainty and limitations



in how business can function right now, compounded by kids home from school, their own health issues, or health vulnerabilities of those they come home to, many of our clients will continue to struggle as the pandemic continues to play out."

Kelly and John, whose names have been changed for client privacy, are a young couple working in the restaurant industry on Sanibel. Both are new to FISH and were hesitant to request assistance. With the uncertainty of the COVID-19 health crisis and John's underlying health problems, they turned to FISH to request financial assistance.

Here is Kelly and John's story:

"We've been working on Sanibel for a long time at different restaurants. Everything was going great, in season we always are able to do very well financially, but COVID stopped us in our tracks. Almost in an instant, we found ourselves unemployed with just a small savings to live on. Our restaurant closed entirely, so our income was cut-off immediately. Our first concern was that John has type 1 diabetes, and along with the job loss,

we knew our health insurance would be next. His insulin and supplies are really expensive, and we can't afford to pay for it out of pocket.

"We were scared and uncertain about asking for help. We've never done that kind of thing before, but we didn't know what else to do. From the moment we made the call, we knew we had made the right choice. Everyone at FISH was kind and understanding, and they offered some really good advice and referrals that may help us through this crisis. They paid for John's medical supplies that first month, as well as our rent. We have also signed up for the food pantry. Now FISH has connected us to a diabetic clinic and offered resources for medication to help reduce costs. They're also working with us on how to get back on an insurance

plan that is affordable to us in our current situation.

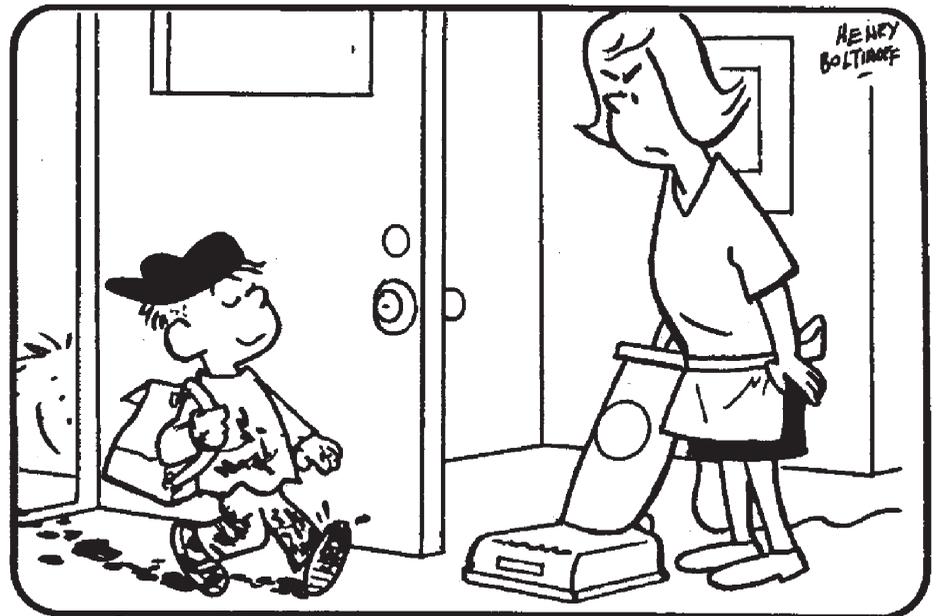
"We know this is going to be an uphill battle, but we are less stressed knowing that we can use the pantry and keep our rent current. The restaurants are opening up again, so that's a good sign that we may be getting back to work soon. We really can't thank FISH enough for helping us through all of this."

Due to ongoing construction, the FISH Walk-In Center and Food Pantry hours for the next few weeks are Saturday to Wednesday from 10 a.m. to 4 p.m. (closed Thursday and Friday). If you have any questions or concerns, or if you need assistance, contact Alicia Tighe at 472-0404 or email [alicia@fishofsancap.org](mailto:alicia@fishofsancap.org). For additional information, visit [www.fishofsancap.org](http://www.fishofsancap.org).\*

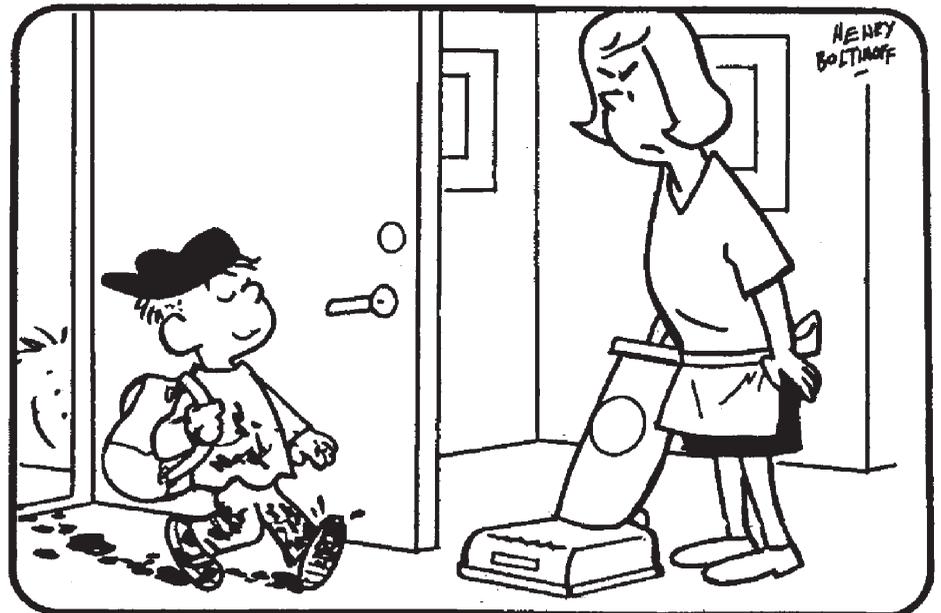
## PUZZLES

### HOCUS-FOCUS

BY HENRY BOLTINOFF



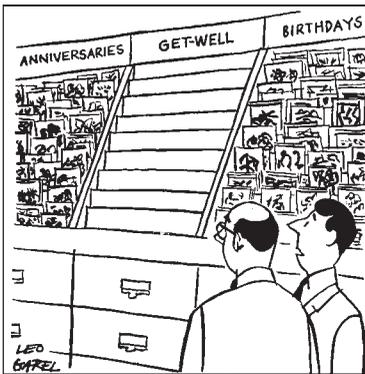
Find at least six differences in details between panels.



Differences: 1. Door window is missing. 2. Door knob is different. 3. Picture is added. 4. Backpack is different. 5. Cord is missing. 6. Woman's hair is different.

# PUZZLES

Answers on pages 38 and 39



"Whatever it is, it's  
-----!"

## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Peak

**TOSSICLE**

Puncture

**RECIPE**

Belief

**CORNDIET**

Aspect

**IBANGER**

**TODAY'S WORD**

## SUDOKU

4				1				3
	9				7	8		
		6	5				2	
	3			2		6		
		7	3					1
5					9		4	
7		3			5			4
		5		4		9		
	4		1				7	2

**To Play Sudoku:** Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.



NEWSPAPER  
Sanibel & Captiva Islands  
**CALLING CARD 239-395-1213**

Emergency	911
Sanibel Police	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477-1000
Fire Department - Sanibel	472-5525
Fire Department - Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743

**ARTS**

Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	277-1700
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.org
SW Florida Symphony	418-0996
Symphonic Chorale of SW Florida	560-5695

**CLUBS & ORGANIZATIONS**

ABWA - American Business Women's Assoc	http://abwasanibelcaptiva.org
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon of SWFL	https://www.audubonswfl.org/
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
Democratic Club of the Islands	Demclubislands@gmail.com
Disabled Am Vets #108 (San-Cap Rep Ted Tyson) Help 211	984-5920
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH. OF SANCAP 24-hr service	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS - Protection of Animal Welfare Society	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.sancapboating.club
Sanibel-Captiva Republican Caucus	395-0819
Sanibel-Captiva Shell Club	facebook.com/sancapshellclub 267-7291
Sanibel Youth Soccer	www.sanibelsoccer.org 395-2040
Shell Islands Garden Club	246-8875
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971

**ISLAND ATTRACTIONS**

Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:  
press@islandnews.com

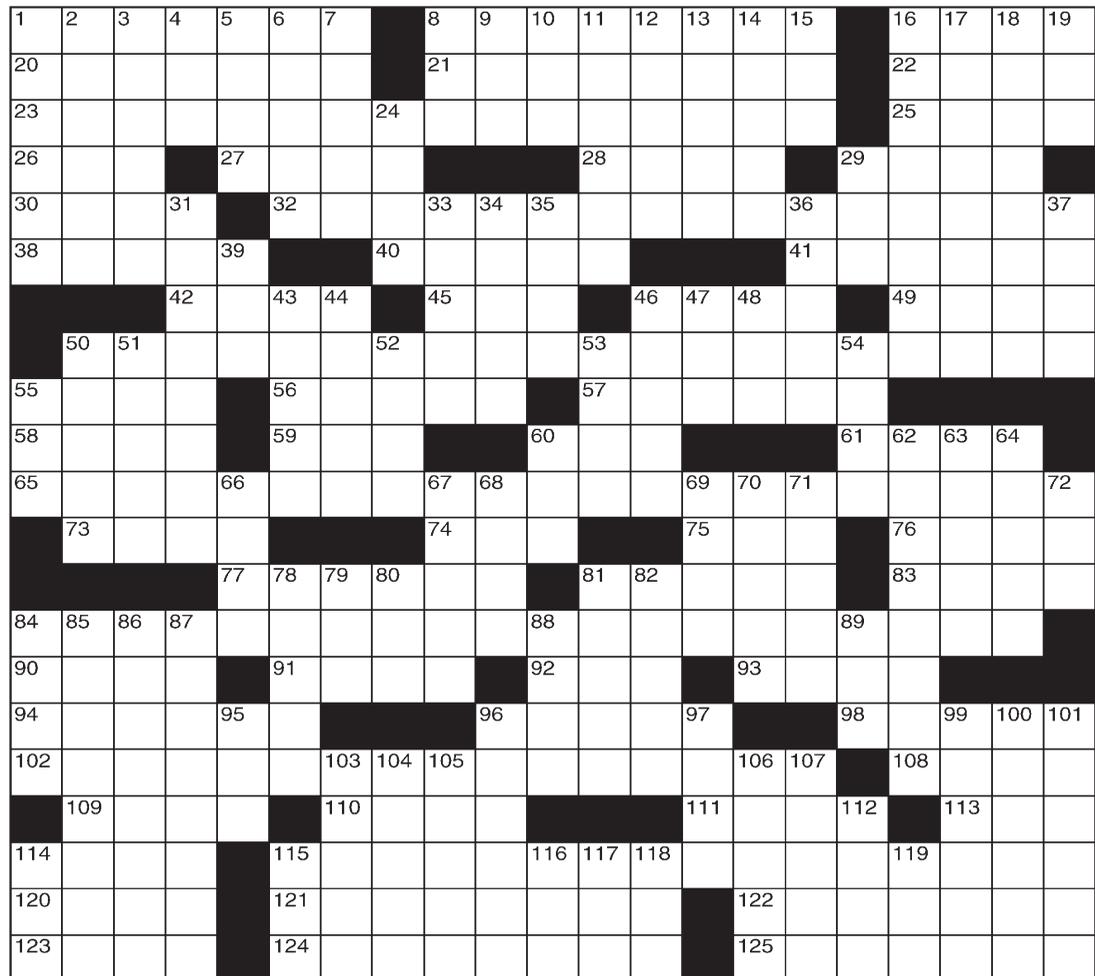
# PUZZLES

Answers on page 39

## Super Crossword

### JOB SCREENING

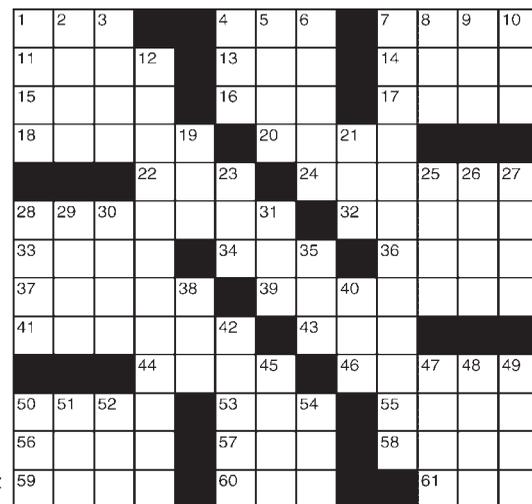
- ACROSS**
- 1 Perceive
  - 8 Wavering
  - 16 Dies down
  - 20 One of the Great Lakes
  - 21 CD from Eminem or Jay-Z, say
  - 22 Marshland
  - 23 Start of a riddle
  - 25 Teal, e.g.
  - 26 Mineo of films
  - 27 First-century emperor
  - 28 Sufficient, in dialect
  - 29 After-bath sprinkle
  - 30 Zest
  - 32 Riddle, part 2
  - 38 Majestic
  - 40 Inane
  - 41 High-pH compound
  - 42 Sticky, viscous stuff
  - 45 Previously called
  - 46 "— have to wait"
  - 49 ESPN's Hershiser
  - 50 Riddle, part 3
  - 55 They often elicit groans
  - 56 "Suffice it — ..."
  - 57 Chinese zoo mammals
  - 58 "Thou — lady": King Lear
  - 59 Hotel's kin
  - 60 Young dog
  - 61 Sews an edge around
  - 65 Riddle, part 4
  - 73 Tara of "American Pie"
  - 74 Granola bit
  - 75 "— Man Answers" (1962 film)
  - 76 Jazzy Anita
  - 77 Irritated reply to "Are you awake?"
  - 81 Devours, with "down"
  - 83 Accept
  - 84 Riddle, part 5
  - 90 Gulf nation
  - 91 Good diving score
  - 92 Genetic letters
  - 93 Flanders river
  - 94 Ovum, e.g.
  - 96 "There it is!"
  - 98 Souses
  - 102 End of the riddle
  - 108 Al who drew Li'l Abner
  - 109 Old Italian coins
  - 110 Tie down, as a ship
  - 111 Sheik, e.g.
  - 113 Actress Carrere
  - 114 Mark Twain's Huck
  - 115 Riddle's answer
  - 120 Poker cost
  - 121 Ethereal quality
  - 122 Relate (to)
  - 123 Prayer opener
  - 124 Northern parts of New York and New Jersey
  - 125 Numbers used in sums
  - 11 In a docile way
  - 12 1985 Kate Nelligan film
  - 13 In re
  - 14 "Dallas" actor Patrick
  - 15 Singer Sumac
  - 16 Begin, as a journey
  - 17 — ball (pool hall item)
  - 18 "Fists of Fury" star
  - 19 Get sight of
  - 24 "— the weather?"
  - 29 Phone no.
  - 31 Port of Japan
  - 33 Actress Lisa
  - 34 Poem of lamentation
  - 35 "Hick" actor Baldwin
  - 36 Hayek of Hollywood
  - 37 Window ledge
  - 39 Parking —
  - 43 — left field
  - 44 Tine
  - 46 Repeated statement in Windows ads
  - 47 Plating metal
  - 48 Kind of PC monitor
  - 50 Rage
  - 51 — nous
  - 52 "There — 'I' in team"
  - 53 Musical piece
  - 54 Racket-raising Arthur
  - 55 Rover's foot
  - 60 Fruit discard
  - 62 Arcane
  - 63 Annoyed with
  - 64 Boa, for one
  - 66 "Right, bro"
  - 67 0% of the people
  - 68 Biker's bike, colloquially
  - 69 Largest city on Hawaii
  - 70 "Get — back!"
  - 71 Abrades
  - 72 Coloring substance
  - 78 Dance great de Mille
  - 79 Ovid's 1,051
  - 80 Diarist Anaïs
  - 81 Took the prize
  - 82 Florida city
  - 84 Breathe loudly
  - 85 Bringing up the rear
  - 86 Collides with
  - 87 Not deserved
  - 88 Tramped (on)
  - 89 "Holiday" actor Ayres
  - 95 Mao — -tung
  - 96 Romeo and Juliet's town
  - 97 "It's — state of affairs"
  - 99 Lane of Broadway
  - 100 Narcotic
  - 101 Generates
  - 103 Beatnik's "Got it!"
  - 104 People on the move
  - 105 Like a well-pitched inning
  - 106 "Sing, Sing, Sing" drummer Gene
  - 107 Totally filled
  - 112 Longtime West Virginia senator Robert
  - 114 —
  - 115 Sorority letter
  - 116 Humid
  - 117 Suffix with colour
  - 118 Ar-tee link
  - 119 Honored Fr. woman



## King Crossword

### ACROSS

- 1 Easter treat
- 4 Wager
- 7 Retain
- 11 Metric measure
- 13 Rowboat need
- 14 Sleeping
- 15 Flow like molasses
- 16 Chum, nowadays
- 17 Actor Brad
- 18 Grassland
- 20 Opening course, often
- 22 Erstwhile garment
- 24 Hitchcock classic
- 28 Spotted insect
- 32 Radiant
- 33 Champing at the bit
- 34 Bathroom fixture
- 36 Yorkshire river
- 37 Narc's measures
- 39 Croquet equipment
- 41 Catch
- 43 Second person
- 44 Related to 5-Down
- 46 Use a Brillo pad
- 50 Ballerina's frill
- 53 Cauldron
- 55 Japanese
- 6 Army unit
- 7 Carefree
- 8 Sapporo sash
- 9 Allow
- 10 Banned insecticide
- 12 Carousel
- 19 Light touch
- 21 Portion of N.A.
- 23 Eviscerate
- 25 Hint
- 26 Emcee
- 27 Hasn't paid yet
- 28 Michigan, for one
- 29 Not "fer"
- 30 Nincompoop
- 31 Wrigley
- 35 Reddish-brown horse
- 38 Perched
- 40 — Angeles
- 42 They're calling Danny Boy
- 45 Prolonged sleep
- 47 Fawns' mothers
- 48 Hexagonal state
- 49 Induce ennui
- 50 Gratuity
- 51 Web address
- 52 Excessively
- 54 Monkey suit



## MAGIC MAZE ● DOG-EARED WORDS

A O L I G G D B Y W T T R P M  
 K I F D U B E Y W O T U S Q O  
 M K I F N D B L R H Z X H H W  
 U S Q O D N L T G D J S O H F  
 D C A Y E W G I E O I T V T S  
 Q P N L R O F R K F D I H F E  
 C B Z Y D G I W G O V D U S R  
 G O D P O T D O G G O N E Q P  
 S Y A D G O D I L I H C N L M  
 L J G O D L L U B I H F E D S  
 G O D N R O C I T A M G O D C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally  
 Unlisted clue hint: A SHARP ANGLE OR BEND

- Bulldog
- Dog-tired
- Dogma
- Sled dog
- Chili dog
- Dogfight
- Dogmatic
- Top dog
- Corn dog
- Dogfish
- Dogtrot
- Underdog
- Dog days
- Doggone
- Hotdog

# PROFESSIONAL DIRECTORY

## NEW HOMES, REMODELING & ADDITIONS

**KIRCHNER CONTRACTING INC.**

- New Homes
- Consulting
- Remodeling
- Contracting

**MATT KIRCHNER**  
CG-C059097  
Mobile: 239-410-6932

P.O. Box 143 Phone: 239-472-2601  
Sanibel Island, FL Fax: 239-472-6506

## WINDOW CLEANING

**ISLAND VIEW WINDOW CLEANING**



**10831 Sunset Plaza Cir #107 Office: 239-313-7930**  
**Fort Myers, FL 33908 Cell: 239-292-7033**  
**service@islandviewclean.com Fax: 239-267-7855**

## CONSTRUCTION

**MILLS BROTHERS BUILDING CONTRACTORS**  
QUALITY, RELIABILITY, SATISFACTION

- Custom Home Building | Remodels
- Design Service Available • Sanibel Owned & Operated

Office Phone & Fax Joseph Mills Lic. #CBC058789  
239-472-6711 William Mills Lic. #CBC058788

## POOL CLEANING, SERVICE & REPAIR

**40 YEARS IN BUSINESS**

Specialists In Residential & Commercial Pools  
Fast, Reliable Service & Repair

- Next Day Installation of Equipment
- Retail Location off Periwinkle
- Free Estimates
- After Hours Emergency Service

**ISLAND CONDO MAINTENANCE**  
Call Us Today  
**472-4505**  
Veteran Owned & Operated  
CPC 1458912

ICMSanibel@yahoo.com  
www.ICMpools.com



## LOCKSMITH

**ISLAND LOCKSMITH**  
UNLOCKING PARADISE



Island Locksmith 2340 Periwinkle Way, J-3  
Serving Sanibel & Captiva Behind Village Shops  
Islands Since 1976 239-472-2394  
"Veteran Owned & Operated" IslandLocksmith@yahoo.com  
www.sanibelislandlocksmith.com

## TRAVEL

**DREAM TRAVEL**  
...on land and sea...

**DANA PARISH**  
travel consultant  
danatravel88@yahoo.com  
239-898-0200

...dream your travel, travel your dream...

member Sanibel-Captiva Chamber of Commerce  
affiliate Avoya Travel / American Express Travel Sanibel resident since 1987

## BRICK PAVERS

**Tim Smith Brick Pavers, LLC**



Lee County Lic. # IP06-00664 239-560-1199  
Sanibel Lic. # S3-14729 timsmithbrickpavers@gmail.com

## PLUMBER

**WALKER PLUMBING**



Plumbing repairs  
Sewer and drain cleaning  
Water heaters • Back flow  
Sewer camera, jetting and repair  
**239-395-2689**  
Sanibel owned and operated Lic S1-18245

## GLASS

Insured **PCT WinGuard** Licensed # S2-11975

**Stevens & Sons Glass**  
Replacement Impact Windows & Sliding Doors,  
Mirrors, Tub & Shower Enclosures, Store Fronts,  
Porch Enclosures, French Doors, Plate Glass

Specialists in impact condo complex replacement

2416 Palm Ridge Road Phone: (239) 472-0032  
Sanibel Island, FL 33957 Fax: (239) 472-0680

## PAINTING

Residential & Commercial Painting

**Barefoot Charley's**

- Power Washing
- Wallpaper Hanging
- Faux Finishing
- Free Estimates
- Interior & Exterior
- Dependable
- Reliable
- Licensed & Insured

COLOR SCHEMES on request from Sanibel Home Furnishings Lic #S3-11944

**395-3928 Cell: 841-4302**  
barefootcharley@aol.com

With your contract a donation to your favorite charity will be made.

## POOL SERVICE & REPAIR

**Deep-End Pool Service**



25 years experience  
License # CPC1457386

**239-699-6279**

- Pool Heater Specialist
- Sales Service & Installation of All Brands
- FREE Estimates

24/7 emergency repair service.  
Free estimates for weekly service and repairs!

## CONSTRUCTION

**ULRICH BUILDING COMPANY**



- New Construction
- Remodeling & Additions
- Kitchens & Bathrooms
- Windows & Doors
- Exterior Stairs & Decks
- Crown Moldings & Trim

Celebrating 11 Years on Sanibel  
Sanibel Family Owned & Operated  
Patrick & JoAnne Ulrich  
239-896-7116  
ulrichbuilding@gmail.com  
#CRC1331575

# PROFESSIONAL DIRECTORY

## DESIGN AND REMODELING

### ARTISTIC INTERIORS INC.



"WE DON'T JUST DO REMODELING, WE CREATE ARTWORK"

CALL CHRIS BORING @  
239-989-6122

BORINGDESIGNSO6  
@EMBARQMAIL.COM

Lic#RG291 103860, SI 16371

DESIGNING AND REMODELING-  
FROM CONCEPT TO COMPLETION

QUALITY REMODELING AND  
SERVICE

## CUSTOM HOME BUILDER

Ph (239) 472-8446  
DeCorteFour.com

Ron DeCorte  
#CBC058483



### DeCorte Four Custom Home Builders, Inc.

We do it all from repairing a door to adding a 2nd Floor  
New Construction Too

P. O. Box 922 • Sanibel, FL 33957 • Fax (239) 472-8449

## HOME WATCH



### Home Watch

Put my 40+ years of managing  
Island properties to work for you!

Experience • Integrity • Reliable  
Call Me!

239-472-6747

Paul H. Zimmerman, Broker  
Gulf Beach Properties, Inc.



## ROCK, MULCH, PLANTS

**Gulf Coast**  
Landscape Nursery & Supply  
**ROCK, MULCH,  
PLANTS**  
South Fort Myers  
**239-337-7256**  
gulfcoastlandscapenursery.com

## REALTOR



Alan B. Fisher  
REALTOR®  
c - 504-919-2770  
alan131@icloud.com

"When Only The Best Will Do!"



JOHN NAUMANN  
& ASSOCIATES  
real estate

www.alanfisher.jnarealestate.com

1149 Periwinkle Way  
Sanibel, FL 33957  
o - 239-472-0176

## BUILDING AND DESIGN

SCOTT BUILDING & DESIGN LLC  
CBC-1261452

New Construction Remodeling  
Decking Trim  
Windows/Doors  
Kitchens/Baths

Raye Scott (239) 410-3547 Peter Ifka (239) 464-4837  
scottbuilt@hotmail.com

## GENERAL CONTRACTOR

D. BROWN  
GENERAL CONTRACTORS LLC  
CGC1517615

NEW CONSTRUCTION  
& REMODELS

239-593-1998 | www.dbrowngc.com

## TREE TRIMMING, ARBORIST

Arbor Specialist Since 1995

"Tell A Friend"

**TREE WEST**

- Tree Trimming • Tree Removal
- Stump Grinding

239-910-3256  
info@treewestfl@gmail.com  
www.treewestflorida.com  
P.O. Box 564, Sanibel, FL 33957  
Licensed, insured, workers compensation

## TRANSPORTATION

Call Madeline for Reservations

We're here if you need us!

Island Taxi  
Serving Sanibel and Captiva  
More Than a Ride!

AIRPORT & LOCAL SERVICE  
www.IslandTaxi.com • ride@islandtaxi.com  
239-472-4888

## HOME SERVICES

YARD SERVICE • TREE SERVICE • POOL SERVICE  
HOME WATCH • CLEANING SERVICE

JUERGEN SCHREYER  
OWNER

**ISLAND HOME SERVICE**  
P.O. Box 1050 • SANIBEL • FLORIDA 33957  
WWW.ISLANDHOMESERVICE.COM  
INFO@ISLANDHOMESERVICE.COM  
PHONE: (239) 472-5247 • CELL: (239) 229-6366

## CLEANING SERVICES

Professional Cleaning Services  
Residential & Commercial  
Construction Clean Up  
Interior Windows  
Home Watch

Jennifer Watson  
(239) 810-6293  
brightntidy@gmail.com  
Licensed & Insured

## FISHING CHARTER

Light Tackle Sport Fishing  
Tarpon • Snook • Redfish & More  
**CAPT. MATT MITCHELL**

USCG  
Licensed & Insured

C: (239) 340-8651  
www.captmattmitchell.com  
email: captmattmitchell@aol.com

OLCEC  
**CLEAR  
YOUR  
GEAR**  
IT CATCHES MORE THAN FISH



*The New Math:*  
**\$1 = \$8**

That's right! The Harry Chapin Food Bank can find, rescue, transport and distribute \$8 of nutritious food for every \$1 you donate. This turns your \$20 gift into 80 meals for a family!

Thank you for your generosity!

Mail your tax-deductible donation to:  
**The Harry Chapin Food Bank**  
3760 Fowler Street, Fort Myers, FL 33901  
Call (239) 334-7007 or donate online at:  
harrychapinfoodbank.org



Harry Chapin Food Bank  
OF SOUTHWEST FLORIDA

# PROFESSIONAL DIRECTORY

## TELEVISION

**WOOSTER TV**  
**SALES • SERVICE • RENTALS**  
 HDTV • VIDEO • DVD • COMPUTERS

*Serving the Islands for Over 40 Years!*

P.O. Box 1695 239.472.1133  
 Sanibel, FL 33957 Mike (cell) 239-565-2875  
 woostertv@comcast.net

## ELECTRICAL

**J.T.E. ELECTRIC**  
 SERVICE • RESIDENTIAL • COMMERCIAL • REMODEL

**Brady J. Rees**  
 Generator and Service Expert  
**T | 239-368-9511**  
**C | 239-980-1596**

**generator@jteelectricinc.com**  
 204-B Waldo Avenue,  
 Lehigh Acres, FL 33971

**BRIGGS & STRATTON**  
**STANDBY POWER**  
 Authorized Dealer  
 Lee, Collier, Hendry,  
 Charlotte, Sarasota Counties  
 Lic.# EC-13002460

## CONSTRUCTION/REMODELING

**COOPER**  
 CONSTRUCTION

Custom Homes & Remodeling Specialists  
*We can design, build and manage any endeavor you can dream up.*

**239.454.5699**  
 cooperconstruction@embarqmail.com  
 Kerry Cooper • An Island Business Since 1982 • License # CBC1255742

## IMPACT WINDOWS & DOORS/GLASS

 **Windows Plus**  
 "SWFL Window and Door Specialist"

Phone: 239-267-5858 Fax: 239-267-7855  
 www.windowplusllc.com  
 10831 Sunset Plaza Circle, Unit 107 Fort Myers, FL 33908  
 E-mail: office@windowplusllc.com  
 Lic. SCC 131151273

## LANDSCAPE

**Bonny's Blooming Gardens**  
**239 822-1939**  
 For all your landscaping needs



Landscape Design and Installation  
 Beautiful Palms and Tropicals  
 Landscape and Lawn Maintenance  
 Tree Trimming Services  
 Mulch Application  
 Property Clean up & more!

## HOME WATCH

 **Sanibel Home Watch, LLC.**

**PROFESSIONAL HOME WATCH SERVICE**

Marco DuMont Owner  
 (w) 239-410-7566  
 marco@sanibelhomewatch.com  
 www.sanibelhomewatch.com

## TREE & LAWN CARE

 **ENVIROMOW**  
 A Full Service Landscape Company

- Landscape Design, Install & Maintenance
- Tree Trimming by an ISA Certified Arborist
- Professional Irrigation Repair & Installation
- Licensed & Insured Home Watch Services
- Residential & Commercial

**239-896-6789**  
 www.enviromow.net  
 EnviroMow@outlook.com

## AIR CONDITIONING

**239-217-4111** www.AlliedAir.biz

**ALLIED AIR SERVICES**  
 HEATING • VENTILATING • AIR CONDITIONING  
*Home of The Comfort Club!*

Over 34 years of trusted experience  
 10923 Kelly Rd, Ft. Myers, FL 33908

## IRRIGATION

**Under New Ownership**



**Affordable ISLAND Irrigation**  
**239-738-9970**  
 AffordableIslandIrrigation@gmail.com

Get a Complete System Check Today!  
 • Routine System Checks  
 • Repair of Current System  
 • New Installations  
 • Water Audits & Leak Detection  
 • Residential or Commercial

## PRESSURE WASHING

 **PROFESSIONAL PRESSURE WASHING**

Ask About Our **\$99.00** Specials!!

Owner **MATTHEW RYAN**  
**239 645-9834**  
 FREE ESTIMATES  
 Quality Service Guaranteed • Licensed & Insured

## HOME SERVICES

 **Your On-Island Home Service Company!**

**PRICE MATCH GUARANTEE**



ROOFING  
 ELECTRIC  
 PLUMBING  
 REMODELS  
 SOLAR PANELS  
 AIR CONDITIONING  
 GENERAL CONTRACTOR

2244 PERIWINKLE WAY, SUITE 13, SANIBEL  
 833-4-SANCAP • 833-472-6227

## PAINTING

 **Ron's Painting LLC**

QUALITY WITHOUT QUESTION  
 OWNER DOES THE WORK  
 SINCE 1986

**SPECIALIZED SERVICES**

- RESIDENTIAL AND COMMERCIAL
  - INTERIOR PAINTING
  - EXTERIOR PAINTING
- DECORATIVE FAUX FINISHING
  - PRESSURE CLEANING
- DESIGNER COLOR CONSULTATIONS
  - CUSTOM CABINET PAINTING

**239.275.0425**  
 WWW.RONSPAINTING.COM

COMPLIMENTARY ESTIMATES • INSURED  
 LICENSE #PT000286 • CC44340 • SANIBEL 53-11844

## RENTAL INCOME

\*\*\*\*\*  
**Rental Properties Needed!!**  
 HOME ★ CONDO ★ DUPLEX  
 Waiting List of Customers for Annual Rentals...  
**Steady Rental Income**  
 Put my 40 Years of Managing Privately Owned Island Properties to Work For You!  
**239-472-6747**  
**Gulf Beach Properties, Inc.**  
 Paul Zimmerman, Broker

# Oyster Restoration Project Report



Oysters are counted and measured as part of the study photo provided

Oyster reef restoration is an effective way of reversing decades of habitat degradation. The footprint of an oyster reef is visible from Google Earth imagery and there are many reefs between Shell Point Retirement Community and the Sanibel-Captiva Conservation Foundation (SCCF) Marine Laboratory on Tarpon Bay. Some are small, others are long and

sinewy. Oyster reefs filter the water and provide habitat for many fish and invertebrate species. The marine lab has been systematically visiting these sites in the boat, finding that nine times out of 10, the reef is so degraded that there may be few to no live oysters remaining.

The changes in the timing and delivery of flows from the Caloosahatchee have caused widespread oyster reef destruction. Restoration entails the addition of oyster shell or fossil shell to a degraded oyster reef. The marine lab has used this technique to restore four acres of oyster reefs at six sites.

To determine how effective the restoration was, it is necessary to count the number of oysters per square meter at restored sites and reference sites. While sampling activity was delayed due to COVID-19, biologists were able to use social distancing on the vessel and in the lab to count and measure live oysters. The results are showing that the restoration sites have similar densities and sizes as oysters at the reference sites.✪

From page 30

## Strange But True

one of its protruding teeth grazed his leg, causing an infection from which the unlucky Sigurd died.

- Irish author and politician Edmund Burke was not a skilled public speaker. In fact, his speeches at the House of Commons were so boring, many MPs left the building once he stood up.

- In 1907, an ad campaign for Kellogg's Corn Flakes offered a free box of cereal to any woman who would wink at her grocer.

- While Jackie Robinson was laid up for two weeks in 1948 with a hamstring injury, the Dodgers secretly replaced him with Herschel Morowitz, a white man in black face.

- The average human body contains enough iron to make a 3-inch-long nail. It also contains enough fat to produce seven bars of soap.

- The first washing machine was invented in 1782 by H. Sidgier of Great Britain. His design was later honed by other inventors, including William Blackstone, who invented the first at-home washer as a birthday gift for his wife.

- Drinking seawater will cause rapid dehydration and, if enough is consumed, eventually death. Frozen seawater is a much safer alternative, since it contains only a tenth as much salt as the liquid form, due to the fact that the salt is separated from the water when freezing as it does not fit into the crystalline structure of ice.

- The first lipstick appeared in ancient Mesopotamia approximately 4,000 years

ago, when women decorated their lips with dust made from precious gems.

### THOUGHT FOR THE DAY

"The world is a dangerous place to live; not because of the people who are evil, but because of the people who don't do anything about it." – Albert Einstein

### SCRAMBLERS

1. Solstice; 2. Pierce;
3. Doctrine; 4. Bearing

### Today's Word SPREADING



## CLASSIFIED

### COMMERCIAL RENTAL

#### POPULAR RENTAL LOCATION ON SANIBEL



Call Judy at 239-851-4073.

6/21 \*TFN

### VACATION RENTAL

#### Island Vacations

Of Sanibel & Captiva  
*Million \$ Views Await You!*

- Cottages • Condos • Homes • Miles of Beaches & Bike Paths

239-472-7277

1-888-451-7277

1/4 \*TFN

### SERVICES OFFERED

#### ENVIROMOW

A Full Service Landscape Co.

- Landscape Design, Install & Maintenance,
- Tree Trimming by a Licensed Arborist
- Professional Irrigation Repair
- Licensed & Insured Home Watch Service Residential & Commercial

239-896-6789

11/29 \*TFN

### HELP WANTED

#### LIVE-IN PROPERTY MANAGER SOUGHT

A Captiva condominium association is searching for a property manager. Housing for up to two people will be provided, with a start date in July. Ideal candidate should be familiar with building, pool and landscape maintenance.

To apply, send resume to [cappropmgr@gmail.com](mailto:cappropmgr@gmail.com).

5/1 \*TFN

#### Shore Fishing:



#### Don't Harm The Fish

by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

Hold the fish in the water while you unhook it if you're going to release it.

The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.

Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

Florida residents as well as out of state visitors need a fishing license to fish from shore.

#### PELICAN PLACE SHOPPING CENTER

Palm Ride Road on Sanibel  
3 units available or combined 2,400 sq. ft.  
(2 at 700 sq. ft., 1 at 1,000 sq. ft).  
Call 703-593-7024

6/21 \*TFN

#### EAST END ON CANAL GROUND LEVEL

3 BR, 2 BA, Sleeps 8  
Large enclosed lanai and pool  
Deep water access  
Dog friendly  
239-472-3458 or 319-651-9132  
[mknake@aol.com](mailto:mknake@aol.com)

1/31 \*TFN

#### SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming  
Weeding, Installation of Plants, Trees and Mulch (one month free service available)  
Joe Scarnato (239) 849-6163  
[scarnatolawn@aol.com](mailto:scarnatolawn@aol.com)

1/25 \*TFN

#### ROGER NODRUFF ELECTRIC

Dock Lighting, affordable LED conversion.  
FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc.  
Call or text Roger 239-707-7203  
State License #13002788

4/20 \*TFN

### SERVICES OFFERED

#### AL-ATEEN HELP LINE

Are you concerned with a friend or family member's drinking? Call the 24-hour help line of South Florida Al-Anon at 941-564-5098 or visit [www.southfloridaal-anon.org](http://www.southfloridaal-anon.org). Meetings are held every day in Lee and Hendry counties. Al-Ateen meetings are also offered for ages 8 to 18.

4/24 \*TFN

To advertise in the Island Sun and The River Weekly News Call 395-1213

### Cycling Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous



SANIBEL BICYCLE CLUB

### VACATION RENTAL



Cottages To Castles  
Unique Vacation Rentals

2427 Periwinkle Way  
Sanibel, FL 33957  
Local: (239) 472-6385  
Toll Free: (800) 472-5385  
Fax: (239) 472-5858  
[www.cottages-to-castles.com](http://www.cottages-to-castles.com)

1/26 \*TFN

TRIVIA TEST

- Geography:** What percentage of the world's population lives in the Northern Hemisphere?
- Math:** In geometry, what shape is a torus?
- Television:** What was the name of the character played by Tina Fey on *30 Rock*?
- Science:** How many earthquakes are detected in the world each year?
- U.S. Presidents:** What was Barack Obama's Secret Service code name?
- Language:** What is the opposite of a synonym, words with similar meanings?
- Movies:** Who played the role of Tess McGill in the 1988 film *Working Girl*?
- Bible:** How many plagues were unleashed on Egypt, according to the Book of Exodus?
- Literature:** Who was the author of the novella *The Time Machine*?
- History:** Who served as the first postmaster general of the Continental Congress?

HORTOONS



TRIVIA ANSWERS

- About 90%
- Doughnut
- Liz Lemon
- About half a million
- Renegade
- Antonym, words with opposite meanings
- Melanie Lynskey
- Ten
- H.G. Wells
- Ben Franklin

PUZZLE ANSWERS

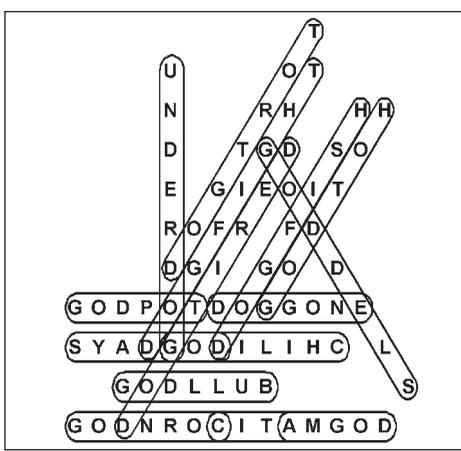
SUPER CROSSWORD

DISCERN UNSTEADY EBB S  
 ONTARIO RAPALBUM MIRE  
 WHAT ISTHENAM OFA BLUE  
 SALNERO ENUF TALC  
 ELAN NEWREALITYSERIES  
 REGAL SILLY ALKALI  
 GOOP NEE ITLL OREL  
 FEATURINGCOMICMANDEL  
 PUNS TOSAY PANDAS  
 ARTA INN PUP HEMS  
 WORKINGONHISCHORESAND  
 REID OAT IFA ODAY  
 IAMNOW WOLFS TAKE  
 STRUGGLINGTocomplete  
 IRAN NINE RNA YSER  
 GAMETE VOILA WINOS  
 HISASSIGNEDTASKS CAPP  
 LIRE MOOR ARAB TIA  
 FINN THEHOWIEDUTYSHOW  
 ANTE AIRINESS PERTAIN  
 OGOD UPSTATES ADDENDS

KING CROSSWORD

EGG BET HOLD  
 GRAM OAR ABED  
 OOZE BRO PIT T  
 SWARD SOUP  
 RAG PSYCHO  
 LADYBUG AGLOW  
 AGOG TUB OUSE  
 KILOS MALLETS  
 ENTRAP YOU  
 OTIC SCRUB  
 TUTU POT KOTO  
 IRON EMU YEAR  
 PLOD SAX SHE

MAGIC MAZE



SUDOKU

4	5	8	9	1	2	7	6	3
3	9	2	4	6	7	8	1	5
1	7	6	5	8	3	4	2	9
9	3	4	8	2	1	6	5	7
6	8	7	3	5	4	2	9	1
5	2	1	6	7	9	3	4	8
7	6	3	2	9	5	1	8	4
2	1	5	7	4	8	9	3	6
8	4	9	1	3	6	5	7	2

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Cottages At Barefoot	Bonita Springs	2001	3,593	\$3,695,000	\$3,150,000	1
Huschka	Sanibel	1992	9,462	\$2,650,000	\$2,000,000	123
Cape Coral	Cape Coral	2015	3,808	\$1,990,000	\$1,825,000	255
Ibis Cove At Bonita Bay	Bonita Springs	1997	5,252	\$1,875,000	\$1,675,000	399
Cranbrook Harbor	Estero	2003	6,914	\$1,500,000	\$1,325,000	141
Cape Coral	Cape Coral	2009	3,754	\$1,299,000	\$1,225,000	114
Cape Coral	Cape Coral	2009	2,443	\$1,275,000	\$1,195,000	3
Seaside Estates	Fort Myers	1999	3,367	\$1,225,000	\$1,200,000	0
Fairview	Estero	2004	3,050	\$1,150,000	\$1,020,000	99
Chateaux Sur Mer Unrec	Sanibel	1972	2,392	\$995,000	\$985,000	23

# DOC FORD'S RUM BAR & GRILLE

Randy Wayne White ©

# WE'RE BACK!

We're implementing our **Enhanced Safety Measures** that you'll notice when you get inside.

Thank you for trusting in us to provide you with a great experience & some sense of normalcy.



Sanibel • Captiva • Ft. Myers Beach • Downtown St. Pete (Coming Soon)



[WWW.DOCFORDS.COM](http://WWW.DOCFORDS.COM)

THE ORIGINAL  
**YUCATAN SHRIMP!**

Visit Our Sister Locations on Ft. Myers Beach  
**The Dixie Fish Co. & The Whale**

